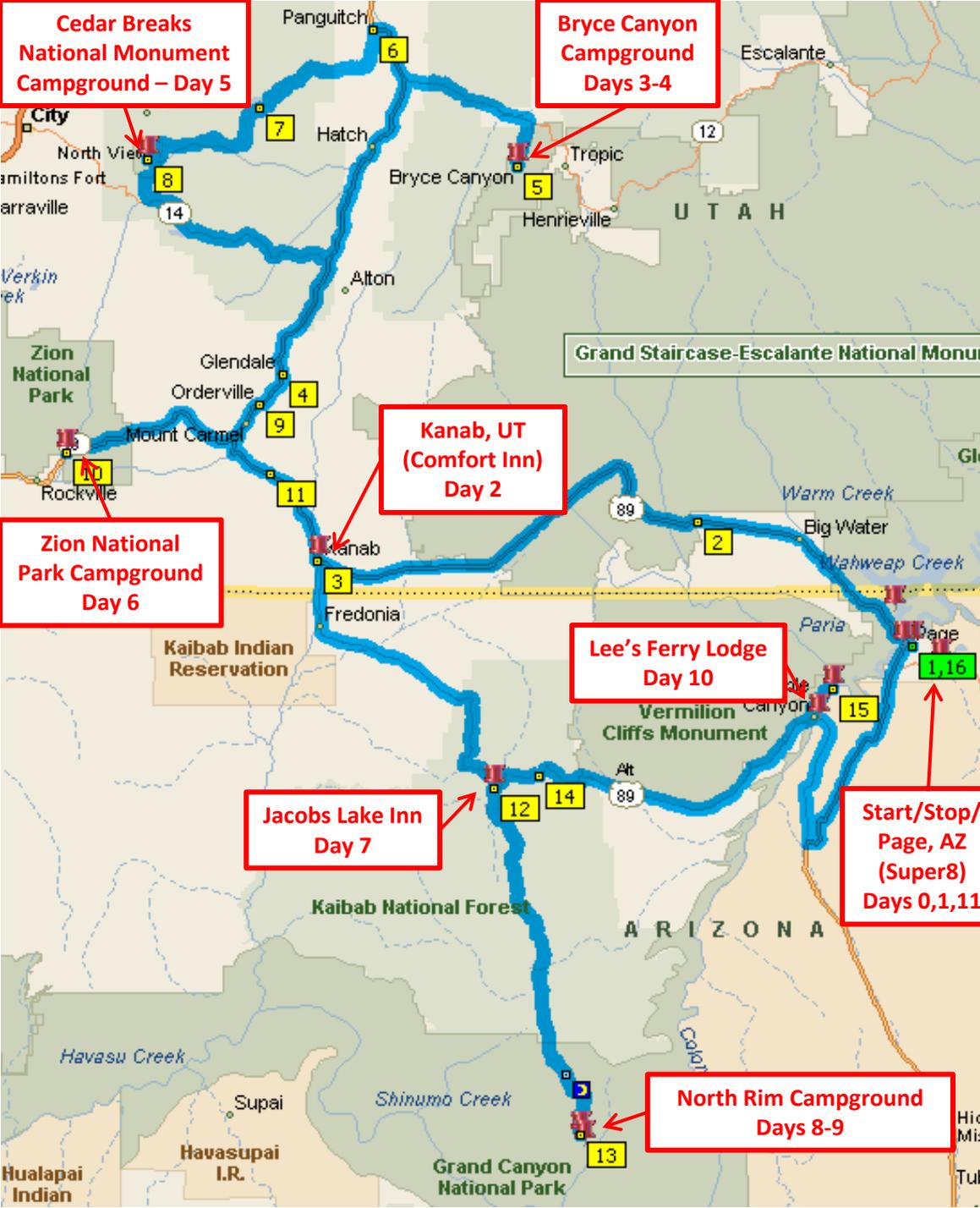


# Grand Canyon -Southern Utah

July 24-August 3, 2013



Trip Day	Day of Week	Date	Starting Location	Ending Location	Miles	# feet climbing
1	Wed	24-Jul	Super 8, Page, AZ	Super 8, Page, AZ	30	1667
2	Thu	25-Jul	Super 8, Page, AZ	Kanab, UT Best Western	76	3196
3	Fri	26-Jul	Kanab, UT Best Western	Bryce Canyon Sunset Campgr	78	5235
4	Sat	27-Jul	Bryce Canyon Sunset Campgr	Bryce Canyon Sunset Campgr	45	2963
5	Sun	28-Jul	Bryce Canyon Sunset Campgr	Cedar Breaks Campground	60	4543
6	Mon	29-Jul	Cedar Breaks Campground	Zion National Park Campgr	73	4133
7	Tue	30-Jul	Zion National Park Campgr	Jacob Lake Camp/Lodge	81	7291
8	Wed	31-Jul	Jacob Lake Camp/Lodge	North Rim Campground	44	2178
9	Thu	1-Aug	North Rim Campground	North Rim Campground	56	3407
10	Fri	2-Aug	North Rim Campground	Lees Ferry Camp/Lodge	80	2691
11	Sat	3-Aug	Lees Ferry Camp/Lodge	Super 8, Page, AZ	53	3027
					676	40332

**Updated: 1-17-13**

Note: The yellow boxes have no significance other than showing the direction we will travel: 1,2,...,16

## Southern Utah/Grand Canyon Tour

- Wednesday, July 24 – Saturday, August 3
- Plan to arrive in Page, AZ on Tuesday, July 23.
- Plan to leave Page, AZ on Sunday, August 4
- Trip starts and ends in Page, AZ. Page is a popular starting point for visiting Lake Powell, the northern rim of the Grand Canyon, and more. It has an airport, lots of hotels and restaurants, bike shop, and more.
- Day 1 will be just local (but amazing) rides near Page. This will give us a chance to check out bikes for a day after having them shipped. If anyone is pushed for time at the start of the trip, they could easily arrive on Day 1 to begin the main part of the trip on Day 2.
- The trip includes 676 miles with 40,332 ft of vertical climbs (compare this to the Blue Ridge Parkway/Skyline Drive which has 61,000 ft of climbing in about the same number of miles). Of course, there will be opportunities for bonus miles 😊
- The tour was modeled somewhat after a commercial tour (see link below). This tour started with cyclists being shuttled (cheaters!) from St. George, UT to Cedar Breaks (the highest point on the tour). It ended with cyclists being shuttled from Zion National Park back to St. George, UT. <http://www.escapeadventures.com/activity/road-cycling/cycling-bryce-zion-and-the-grand-canyon>

## Temperatures

- High and low average temperatures are almost directly related to elevation.
- Since elevations on the trip run from 3744 ft to 10600 ft, we will have a wide range of temperatures (Average low of 42 to average high of 104)
- Several weather sources were used, including

<http://www.wrcc.dri.edu/cgi-bin/cliMAIN.pl?ut8847>,

<http://www.wunderground.com/history/>, and

<http://www.nps.gov/cebr/planyourvisit/things2know.htm>

## Upper North Rim Averages

Month	High (F)	Low (F)	High (C)	Low (C)	Precipitation
January	37	16	3	-9	3.2"
February	39	18	4	-8	3.2"
March	44	21	7	-6	2.6"
April	53	29	12	-2	1.7"
May	62	34	17	1	1.2"
June	72	40	23	4	0.9"
July	77	46	25	8	1.9"
August	75	45	24	7	2.8"
September	69	39	21	4	2.0"
October	59	31	15	-1	1.4"
November	46	24	8	-4	1.5"
December	40	20	4	-7	2.8"

Location	Elevation (ft)	Average low - July (deg)	Average high - July (deg)	Day of Trip
Page, AZ	4344	70	97	1,2,11
Kanab, UT	4909	58	93	2,7
Bryce Canyon, UT	7950	46	78	3,4,5
Tropic, UT	6322	51	85	
Kodachrome Basin State Park, UT	5800	60	93	
Panguitch, UT	6627	46	85	5
Cedar Breaks, UT	10600	42	70	5,6
Zion National Park, UT	3744	68	99	6,7
Coral Pink Sand Dune State Park, UT	6000	56	90	
Fredonia, AZ	4680	55	94	7
Jacob Lake, AZ	7900	51	79	7,8
Grand Canyon Northern Rim, AZ	8312	46	77	8,9,10
Lee's Ferry Campground, AZ (Marble Canyon, AZ)	3100	73	104	10,11
Cedar City, UT	5840	58	89	
St. George, UT	2761	70	100	

## Day 1 – Wednesday, July 24 (optional, but recommended)

### A day exploring the area around Page, AZ

### Possible Day 1 schedule:

Morning: Upper Antelope Canyon Tour

Lunch: Cycle to Waheap Lake Resort

Afternoon: Glen Canyon Tour

Cycle to Horseshoe Bend

(I will make tour reservations later.)

**Day 1** - It will probably be best to arrive in Page, AZ on Tuesday, July 23.

This will give us Day 1 to check out our bikes and get repairs if necessary, get accustomed to the climate (average Hi during July in Page is 97), and to visit some spectacular local sites around Page, including (see photos below and on following slides):

and to visit some spectacular local sites around Page, including (see photos below and on following slides):

- **Horseshoe Bend** (4 mi SW of Page - ¾ mile hike to overlook (1000 ft over the Colorado River)
- **Glen Canyon Dam Overlook** - Just a few minutes from the hotel. 20-minute hike to overlook
- **Glen Canyon Dam Visitor Center and Tour** - \$5.00 tours available
- **Upper and Lower Antelope Canyons** – The most visited slot canyon in the SW. Just a couple miles from Page on Navajo land
- **Waheap Lake Resort & Marina** – Gives a rare, but beautiful view of Lake Powell. About 9 miles from Page (or 5.5 miles beyond the Glen Canyon Dam Visitor Center). Restaurants for lunch.
- **Navajo Village Heritage Center** – Demonstration of Navajo Culture. In the town of Page. \$30 tour.
- **John Wesley Powell Museum** - See sketches, photos and other memorabilia of Major Powell's epic Colorado River voyages in Page's only history museum. In the town of Page. Free.



**Horseshoe Bend**



**Glen Canyon Dam Overlook**

## Day 1 – Touring Antelope Canyon



### Lower Antelope Canyon

You will need a guide. Make arrangements for a guided tour. There is a 2-hour limit inside the Lower Antelope Canyon or the Upper Antelope Canyon. **ADVANCE RESERVATIONS ARE RECOMMENDED.**

### Upper Antelope Canyon

Several tour companies are available in Page. Example: [http://www.antelopecanyon.com/upper\\_antelope.html](http://www.antelopecanyon.com/upper_antelope.html)

#### Tour #1 Upper Antelope Canyon

Departure time: \*7:00, 8:00, 9:30, 11:30 AM, 1:30 & \*3:30, \*4:30 PM

Adults: \$35.00 (Except \$46 at 11:30am)

Trips are approximately 1 - 1/2 hours long and you will travel in comfort in a 4-wheel drive vehicle to the Canyon entrance. From there, you walk into the Canyon, you will be at the bottom of the Canyon looking up 130 feet to the top. There is no hiking or climbing involved, only easy walking on the Canyon floor which is level for the most part. You will have up to 50 minutes to explore, photograph or enjoy the beauty. Then, you will return to the vehicle and return to Page.

**Note:** Antelope Canyon is operated by the Navajo Parks and Recreation department and visitors must be transported by a licensed operator.

**Other tour companies checked. Same price or higher.**

## Day 1 – Glen Canyon Dam – Guided Tour

### Glen Canyon Dam - Guided Tours

Glen Canyon Natural History Association provides guided tours through Glen Canyon Dam on a year-round basis. Tours are approximately 45 minutes long. Each tour is limited to 20 persons. Tour reservations are on a first come, first served basis; reservations may be made up to 24 hours in advance and must be reserved and paid for in person at Carl Hayden Visitor Center.

#### **May 16th - September 14th**

Tours are scheduled every half hour at 8:30 AM, 9:00 AM, 9:30 AM, 10:00 AM, 10:30 AM, 12:30 PM, 1:00 PM, 1:30 PM, 2:00 PM, 2:30 PM, 3:00 PM, 3:30 PM, and 4:00 PM.

Adults (17+): \$5.00

Seniors (62+): \$4.00 (with I.D)



**Carl Hayden Visitor Center at Glen Canyon Dam**



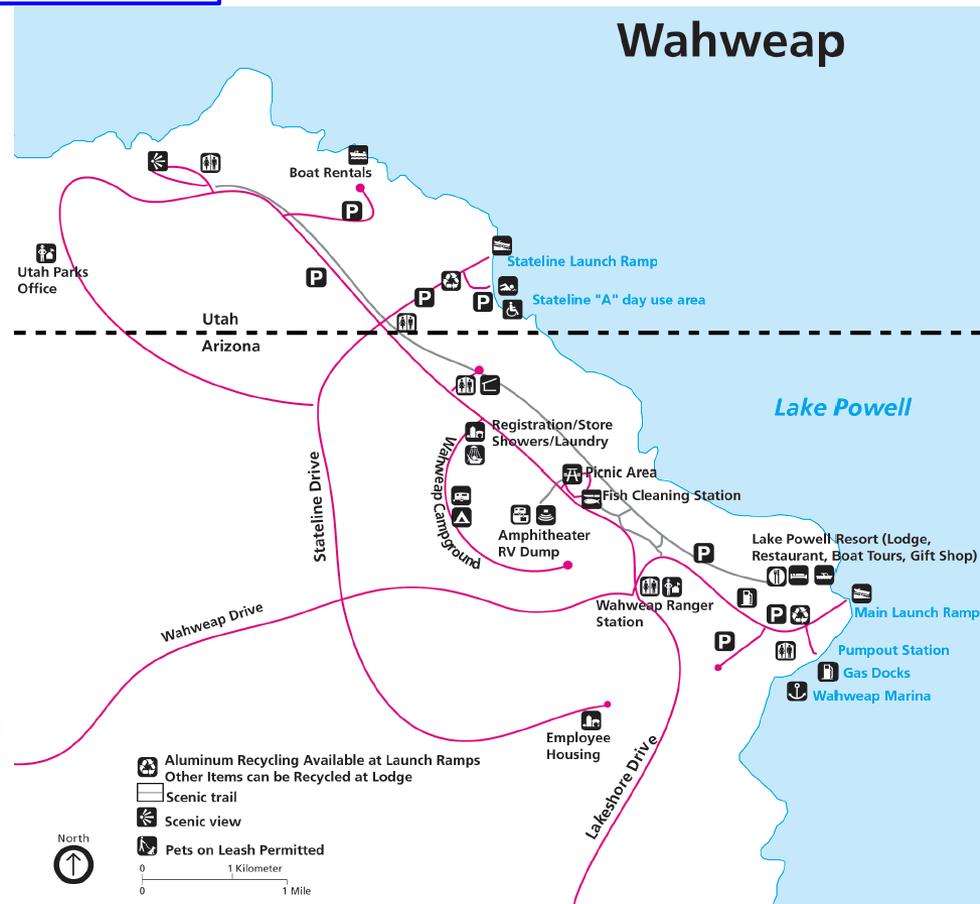
## Day 1 – Visiting Lake Powell Resort (Waheap Marina) for Lunch



The [Waheap Overlook](#) on Lakeshore Drive gives an outstanding view of Lake Powell and the Waheap Marina



Waheap Marina on Lake Powell



Waheap Marina includes 5 dining options:

- [Rainbow Room](#)
- [Driftwood Lounge](#)
- [Wahweap Grille](#)
- [Canyon Coffee](#)
- [Anasazi Restaurant](#)

**Wahweap Grille will offer lunch and dinner services beginning 5/16/13.** Casual dining option. Create your own masterpiece here at Wahweap Grille. Whether your canvas is a burger, chicken sandwich, or pizza, the art is up to you! Wahweap Grille offers you, the artist, the creativity to have that perfect dining experience! Open Memorial Day through Labor Day.

**Day 1 – Accommodations in Page, AZ**



# Salty Dog Bikes

18 N Lake Powell Blvd. Box 4906

Page, AZ 86040

928-970-1710

Bikes can also be shipped to the bike shop and assembled for a fee. Giant, Surly, Fuji, and other bikes sold. Some rentals – call for details.

649 South Lake Powell Blvd, Hwy 89N,  
Page, AZ 86040, Phone: 928-645-5858

The hotel will store our bike boxes for the 11  
days that we are on the trip.

Microwaves and refrigerators are available  
in each room.

Free SuperStart continental breakfast

**Day 1 – Map of Page, AZ**

**5.5 miles from dam to Waheap Resort & Marina (lunch on Lake Powell)**

**Bridge in front of Glen Canyon Dam (700 ft over river)**

**Colorado River**

**Super 8**

**Horseshoe Bend (4 miles from Page)**

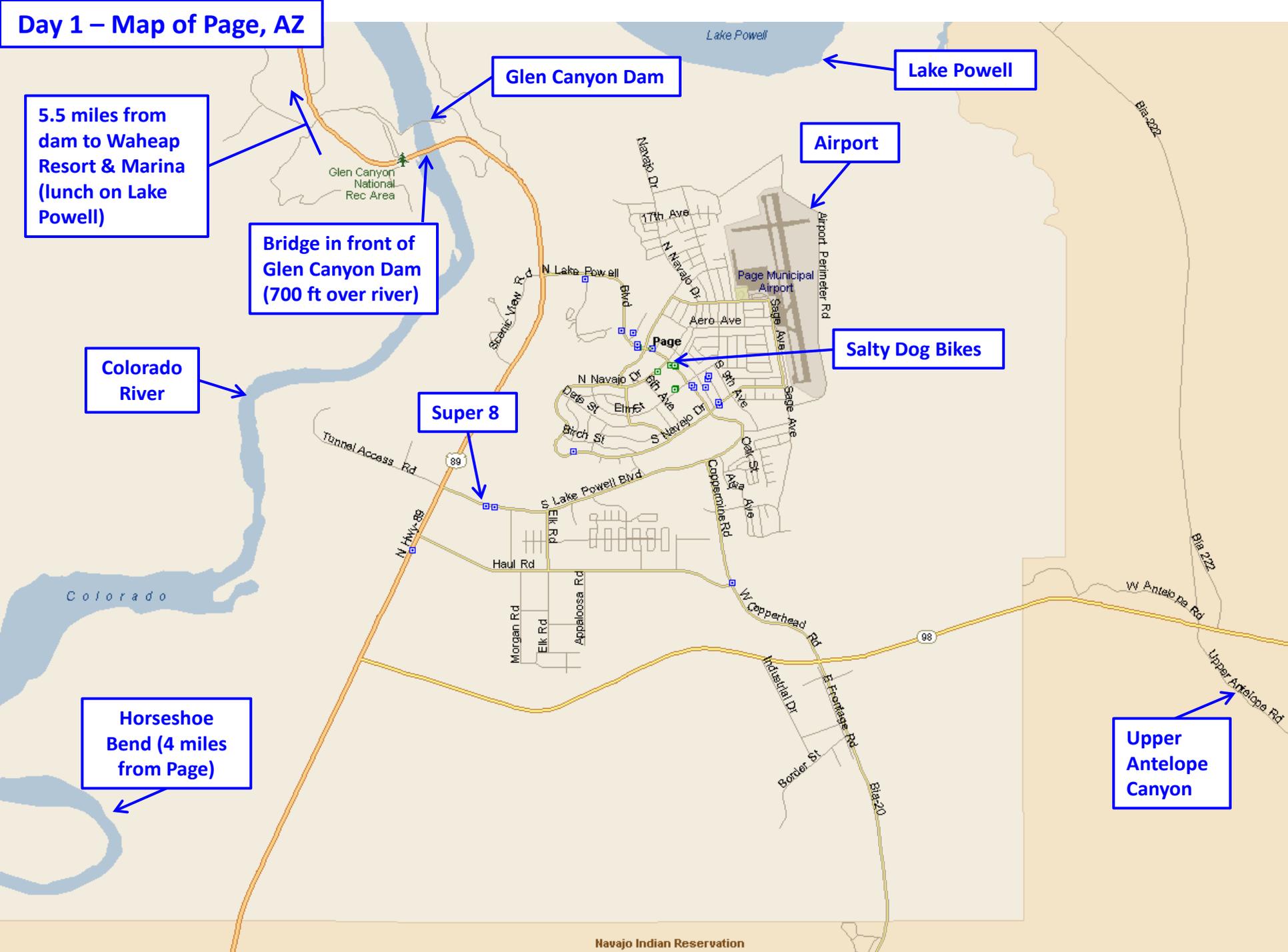
**Glen Canyon Dam**

**Lake Powell**

**Airport**

**Salty Dog Bikes**

**Upper Antelope Canyon**



## Day 2 – Thursday, July 25 (76 miles, 3196 ft climbing)

Start: Page, AZ (4344 ft) Avg Hi/Lo: 97/70

End: Kanab, UT (4909 ft) Avg Hi/Lo: 93/58

Day 2 – We will cycle from Page, AZ across the bridge (700 ft over the Colorado River) in front of the nearby Glen Canyon Dam and begin our journey toward Kanab, UT. This should be one of the less eventful days of the trip, but should still be quite beautiful. Before long we will be immersed in spectacular canyons and national parks. I had originally planned to cut across the Grand Staircase – Escalante National Monument toward Bryce Canyon using Cottonwood Canyon Road. However, I was advised that this rough, 40-mile dirt road would be too challenging for touring bikes.



Paria Outpost & Outfitters is located in Kane County, UT on Hwy 89 between mile markers 21 & 22 (21.5) at the Paria River bridge, between Page, AZ (approx. 30 miles) and Kanab, UT (43 miles). Unfortunately, their restaurant will not be open when we will be there, but this may be a good water stop. I will call for more details. - (928) 691-1047 <http://www.paria.com>



Paria Outpost is 0.6 miles West of the Paria Contact Ranger Station, and just west of where the Paria River runs under Highway 89. Water and bathrooms are available at the Paria Contact Ranger Station (see email to the right).

Hello Paul,

The Paria Ranger Station will be open at that time. It is just off the road on the south side of the highway. There is water and a bathroom there but no other food or drink. the only other place that i can think of between Page and Kanab is Big Water.

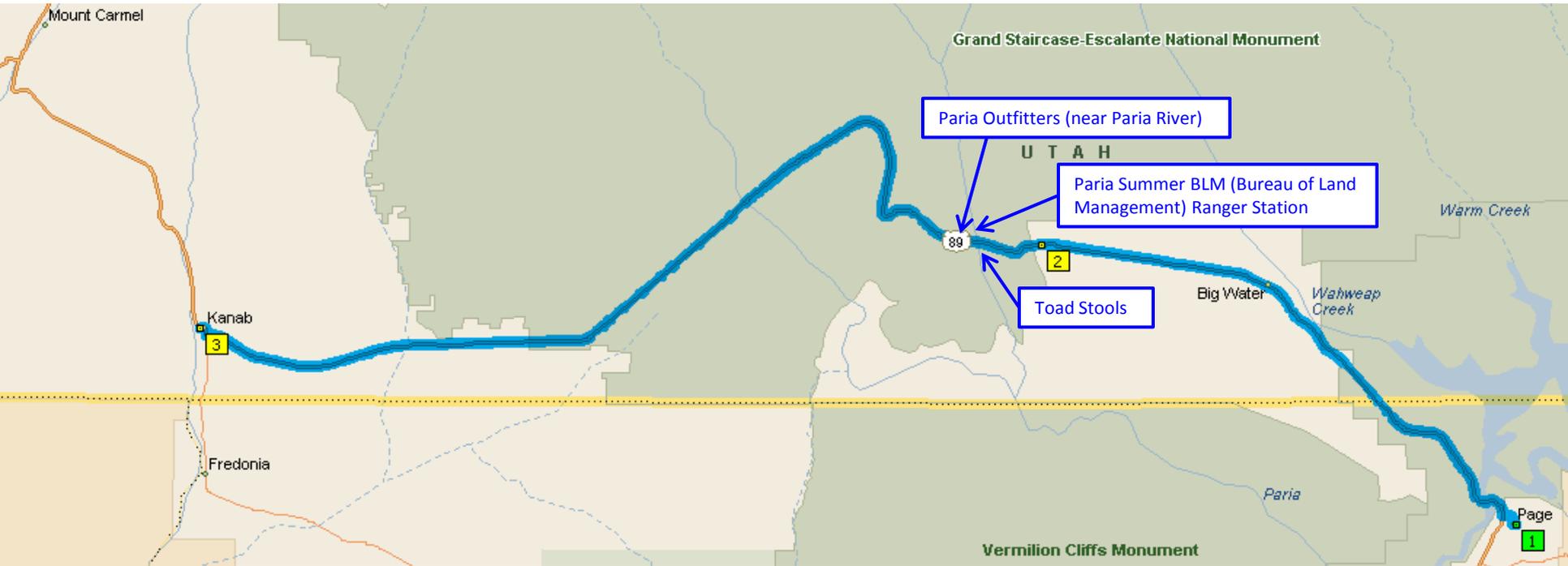
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Tom Reep - Recreation Technician, Vermilion Cliffs National Monument  
Arizona Strip District Office, [treep@blm.gov](mailto:treep@blm.gov) PH: (435) 688-3240

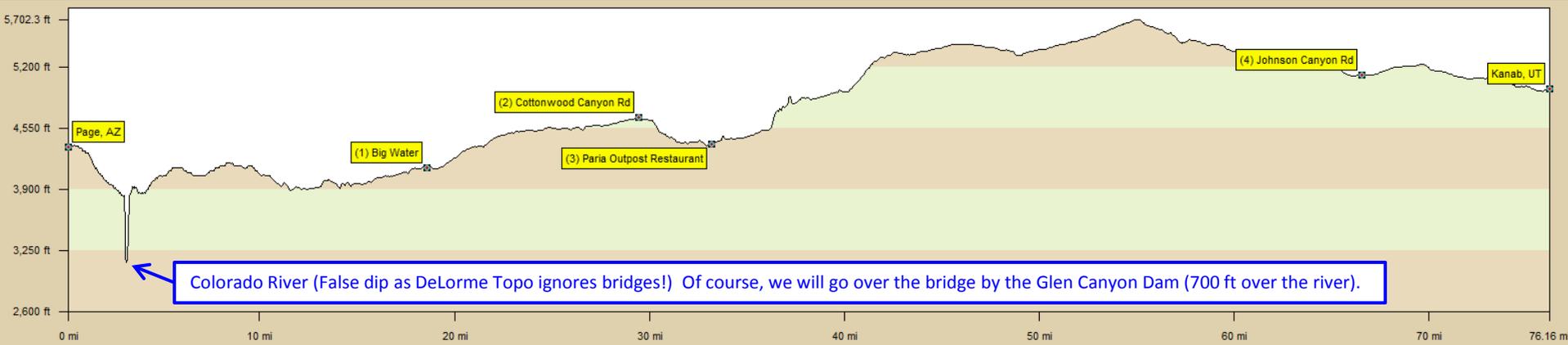
## Day 2 - Map and Elevation Profile

76 miles, 3196 ft climbing

- Start: Page, AZ (4344 ft) Avg Hi/Lo: 97/70
- End: Kanab, UT (4909 ft) Avg Hi/Lo: 93/58



Note: We travel right to left on the map, but left to right on the elevation profile!



## Day 2 – Visiting the Toadstools (Hoodoos) and The Cockscomb



**Toadstools** - These are photos of the rock formations known as 'The Toadstools' in southern Utah. There are several clusters of these rock formations, most of which are easily accessible by trails just north of Highway 89, about halfway between Kanab, Utah and Page, Arizona. These photos were all taken of the Toadstools at the 20.8 mile mark of Highway 89 - nearly across the highway from where the summer office of the BLM is located. - <http://theworldinlight.com/thumbnails/the-toadstools-photos.html#.UNnqYHeur5I>



Highway 89, about halfway between Kanab, Utah and Page, Arizona



**Coxcomb Ridge** - These multicoloured, striped beds of rock form the north western part of Coxcomb ridge, and comprise rocks of the Lower Triassic, Moenkopi formation. They can be found near the Paria old movie set location off highway 89 from Kanab to Page, in southern Utah, which travels along the Vermillion Cliffs. The was the location used for several cowboy TV programs and movies, the last being 'The Outlaw Jose Wales', but time, the harsh desert environment, and flash floods eventually brought about the demise of the original buildings. -

<http://www.flickr.com/photos/bluesplayer43/5293252483/>

**Rimrock Hoodoos:** Look for a small parking area on the north side of US 89 near milepost 20. Hike about a half mile on the marked trail to an area of tall hoodoos, toadstool rocks and redneck cliffs. These fascinating formations can be explored at any time of the day, but late afternoon sun is best for photography. This one of many scenic wonders in the Grand Staircase-Escalante National Monument.

# Day 2 – Kanab, UT

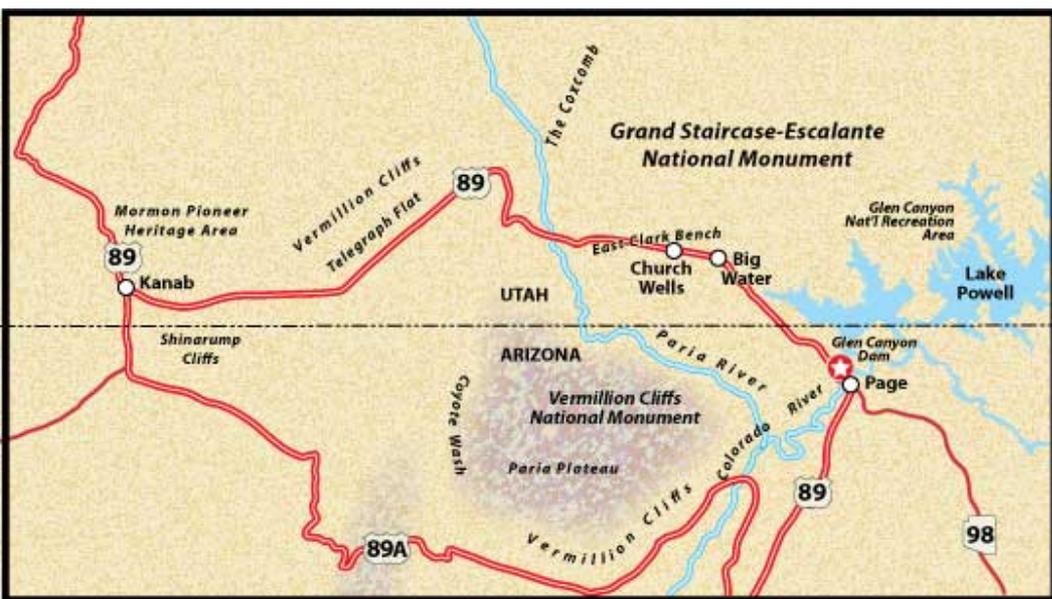
There were no convenient parks or campgrounds, so we will stay at the Comfort Inn in Kanab, UT. The motel has coin-operated laundry and a free hot breakfast. There are several restaurants in Kanab.



[Comfort Inn in Kanab](#)



Downtown Kanab, Utah [http://www.crazyguyonabike.com/doc/page/?page\\_id=82735](http://www.crazyguyonabike.com/doc/page/?page_id=82735)



**Little Hollywood** - Kanab has been referred to as Little Hollywood with over 100 movies and many TV series filmed here since 1924. If time allows we can visit the [Little Hollywood Movie Museum](#) (free). - Options also include the “How the West was Lost” movie and Chuckwagon Dinner. - <http://www.frontiermovietown.com/>

<http://us89society.org/RoadTripGuides/ColoradoPlateau/PagetoKanab/tabid/180/Default.aspx>

### Day 3 – Friday, July 26 (78 miles, 5235 ft climbing)

Start: Kanab, UT (4909 ft) Avg Hi/Lo: 93/58

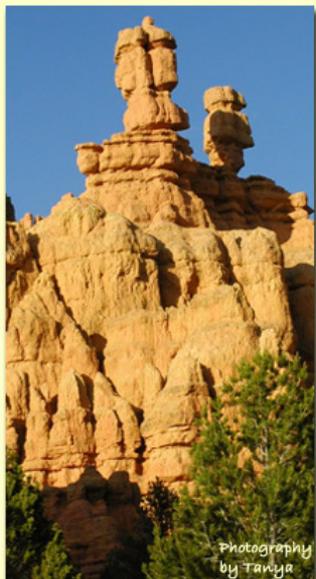
End: Bryce Canyon North Campground, UT (7950 ft) Avg Hi/Lo: 78/46

**Day 3** – As we head northward toward Bryce Canyon, we will wind our way through a number of small towns, including Mt. Carmel Junction, Mt. Carmel, Orderville, Glendale, Alton, and Hatch. Hatch, at mile 51, has a few restaurants for lunch. With about 18 miles left, we will turn east on 12 (A Journey Through Time Highway) and will begin to enter the beautiful Red Canyon area. We will pick up a newly created 5-mile paved bicycle trail that parallels the highway as it gently climbs up through the canyon amongst red spires and hoodoos. As we crest Red Canyon, a flat ride through The Pines leads us into Bryce Canyon National Park.



### **Red Canyon** – Scenic Hwy 12 and bike path

<http://www.naturephoto-cz.com/red-canyon-photo-12719.html>



Mt. Carmel Junction

**Red Canyon hoodoos** are unique in appearance and organization from those of nearby Bryce Canyon and Cedar Breaks. In Red Canyon the numerous red hoodoos line the road instead of filling an amphitheater. - <http://www.zionnational-park.com/red-canyon-utah.htm>

# Day 3 - Map and Elevation Profile

78 miles, 5235 ft climbing

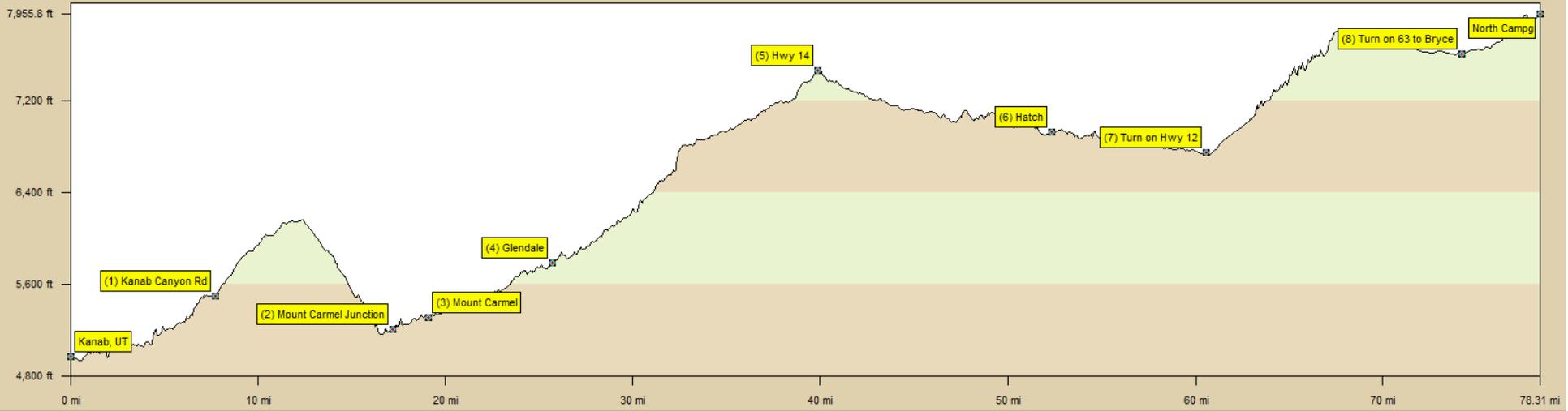
- Start: Kanab, UT (4909 ft) Avg Hi/Lo: 93/58
- End: Bryce Canyon Sunset Campground, UT (7950 ft) Avg Hi/Lo: 78/46



Entering **Red Canyon** on Scenic Hwy 12  
<http://www.eastziontourismcouncil.org/red.htm>



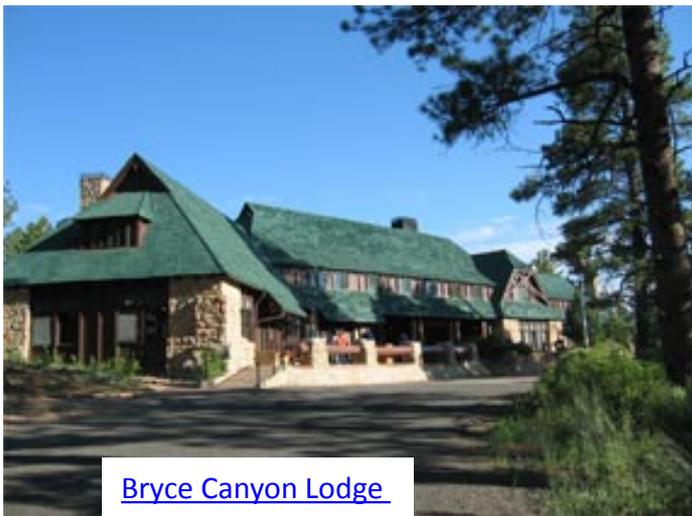
The scenic **Red Canyon Bicycle Trail** is paved, 5-miles in length, and parallels Hwy 12 heading to Bryce Canyon.



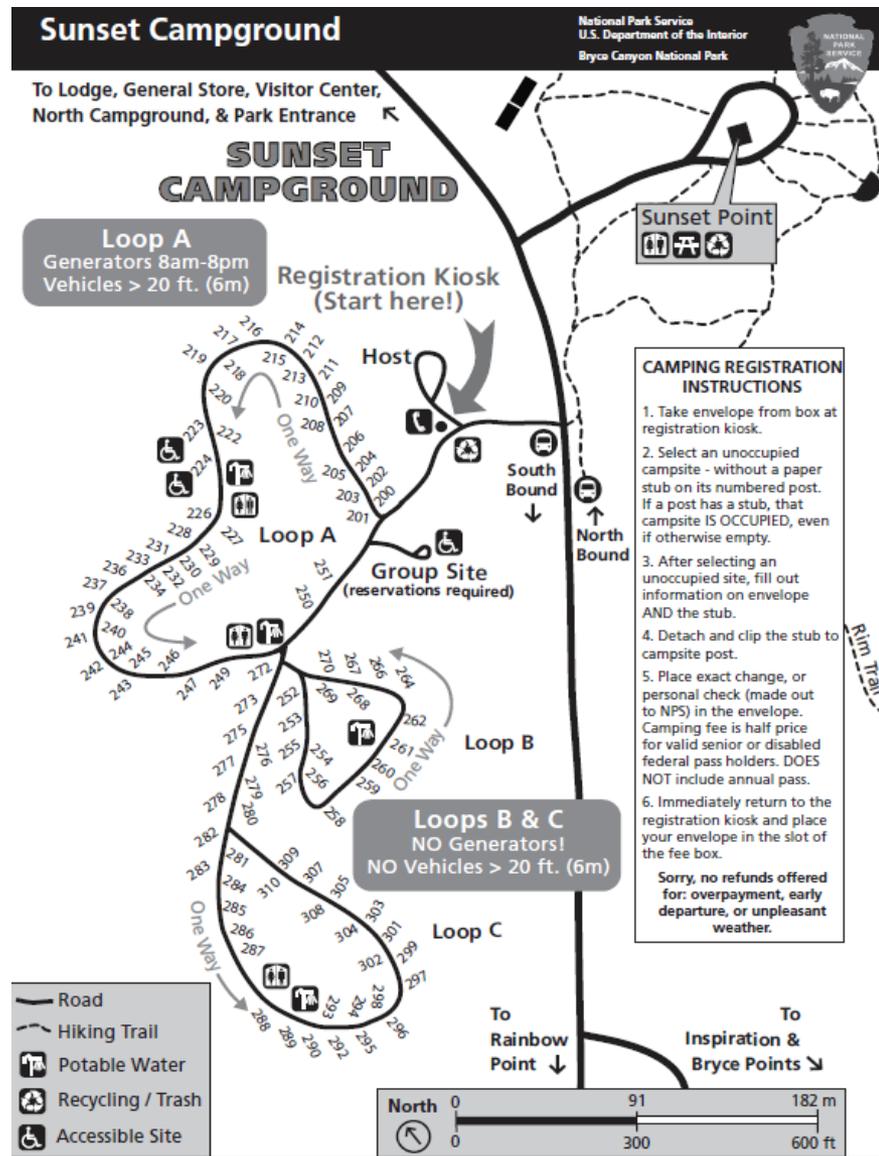
## Days 3- 4: Bryce Canyon – Campground and other facilities

### Bryce Canyon Camping

- Two campgrounds (North & Sunset) – only \$15 for 3 tents/10 people per site. Only the **Sunset campground** takes reservations for tent sites (only 20 sites, so we need to make them early. Reservations can be made up to 6 months in advance, so we should make them on Jan 27)
- [http://www.recreation.gov/camping/Sunset\\_Campground\\_Ut/r/campgroundDetails.do?contractCode=NRSO&parkId=74088&topTabIndex=CampingSpot](http://www.recreation.gov/camping/Sunset_Campground_Ut/r/campgroundDetails.do?contractCode=NRSO&parkId=74088&topTabIndex=CampingSpot)
- Canyon Lodge (Visitor Center)
- Co-operated laundry, hot showers
- Walking distance to lodge, general store, visitor center, and wondrous overlooks
- Ranger programs
- Bryce Canyon Lodge is open for breakfast, lunch and dinner. A gift shop is available at the Lodge.
- Other dining options within the park include:
  - Ruby's Inn Canyon Diner (fast food)
  - Ruby's Inn Cowboy's Buffet and Steak Room
  - Ebenezer's Barn & Grill



[Bryce Canyon Lodge](#)



### CAMPGROUND RULES & REGULATIONS

#### OCCUPANCY LIMITS PER CAMPSITE

- 2 cars, or 4 motorcycles, or 1 RV / trailer with 1 tow vehicle
- 3 tents (each within 20 ft (6m) of fire grate)
- 10 people (with maximum of 6 adults)

#### PROHIBITED ACTIVITIES

- Leaving campfire unattended
- Gathering firewood (purchase bundles from general store)
- Picnicking (use picnic areas)

#### SANITATION REQUIREMENTS

- Dispose gray water & sewage at Dump Station (south side North Campground)
- Wash dishes in service sink adjoining restrooms, NOT at freshwater taps

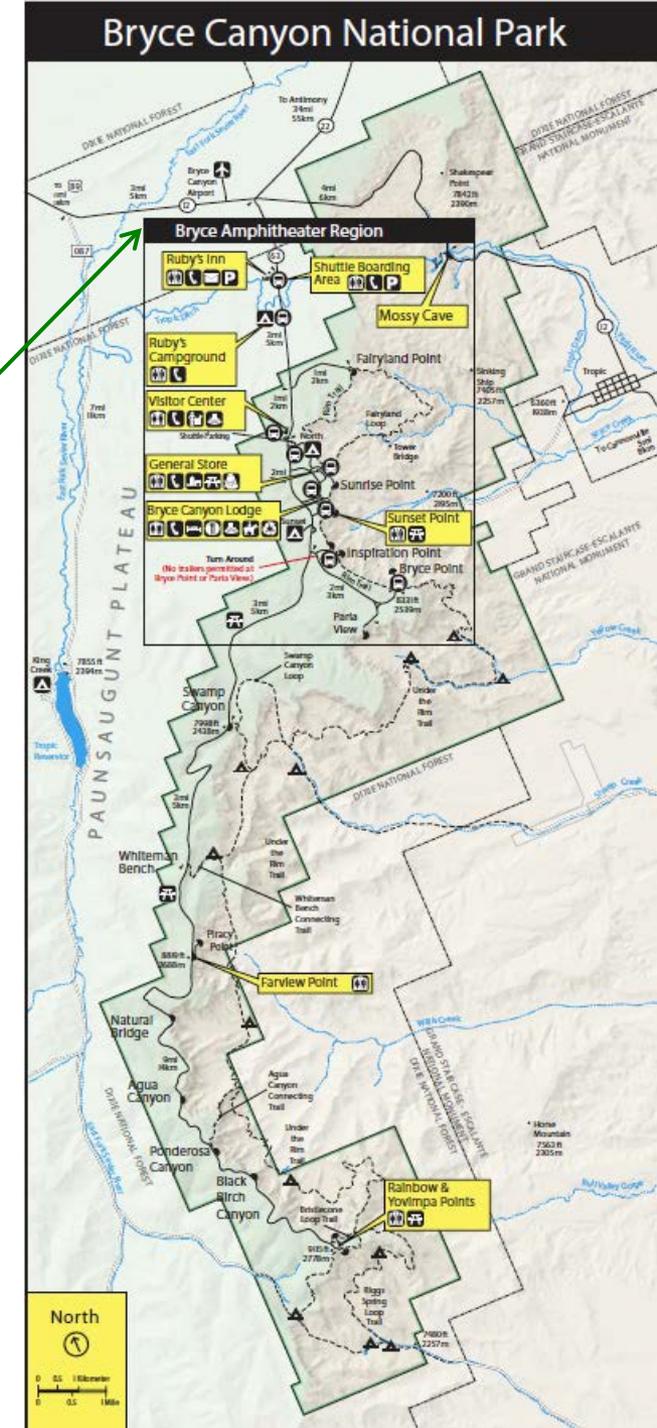
# Day 4 – Saturday, July 27 (45 miles, 2963 ft climbing)

## A day exploring Bryce Canyon National Park

### Exploring within Bryce Canyon National Park

- We will camp for two nights in Bryce Canyon, so we can ride Day 4 unloaded as we explore the park
- The main route in the park is 22.5 miles long (including the spur to Bryce Point & Paria) and is ideal for cycling.
- Bryce Park is essentially an incredible amphitheater with numerous overlooks and trails.

(Blowup of the Bryce Amphitheater Region where we will camp and eat on next slide)



# Day 4 – Bryce Canyon Views



## Inspiration Point

<http://www.anirama.com/Motorhome2003/Page7.html>

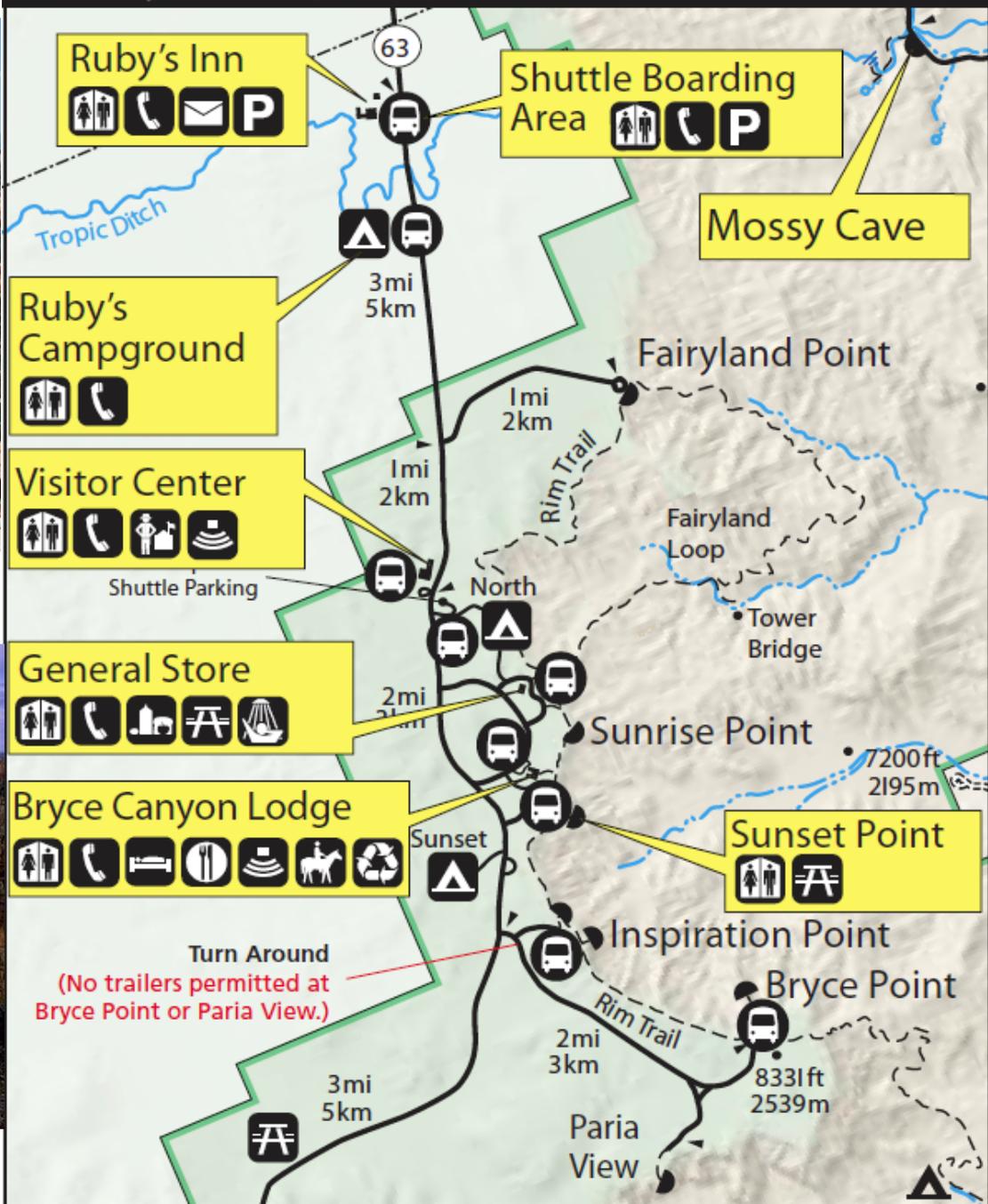


Gene Burch  
PHOTOGRAPHY

## Sunset Point

[http://geneburch.com/gallery/v/Utah-Parks/04Sunset\\_Point\\_Bryce\\_Canyon.jpg.html](http://geneburch.com/gallery/v/Utah-Parks/04Sunset_Point_Bryce_Canyon.jpg.html)

# Bryce Amphitheater Region



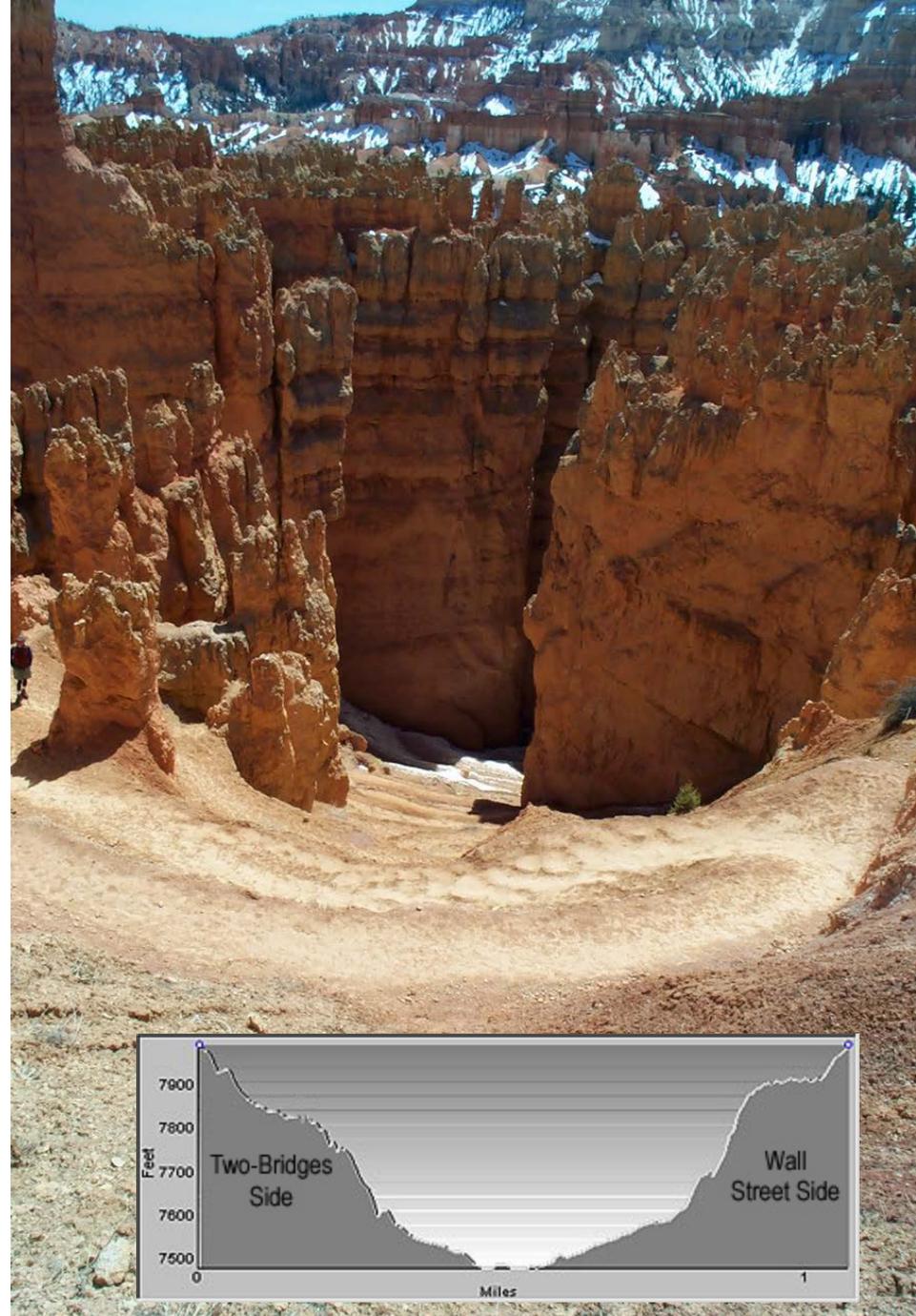
## Day 4 - Bryce Canyon – Hiking the Navajo Trail

Bryce Canyon is filled with remarkable trails. One of the best known trails is the Navajo Trail (shown to the right). The Navajo Trail winds back and forth down sandstone slopes into the amphitheater and soon enters a narrow gorge called Wall Street which contains towering Douglas Fir trees reaching for the sun. The 1.3 mile trail starts and ends at Sunrise Point and drops 550 ft in elevation. The trail can be combined with the Queens Garden Trail for a total of 2.9 miles – start at Sunrise Point and end at Sunset Point.

### NBH Tip

Many people choose to hike the Navajo Loop Trail as a stand-alone trek, but by combining it with the Queen's Garden Trail you can experience more of the best scenery in Bryce Canyon National Park—just catch the Navajo Loop Trail at Sunset Point, and then exit the canyon via Sunrise Point.

We prefer to hike down the Navajo Loop Trail, through Wall Street—the Wall Street section of the trail experienced a rock slide in the spring of 2006 that closed the trail, as of 2007 the trail is now open and takes visitors to Two Bridges, Thor's Hammer and Wall Street—and then on to the Queens' Garden. Climbing out of the canyon via the Queen's Garden Trail to Sunrise Point is a little less strenuous than climbing out along the Navajo Trail.



## Day 5 – Sunday, July 28 (60 miles, 4543 ft climbing)

Start: Bryce Canyon North Campground (7950 ft) Avg Hi/Lo: 78/46

End: Cedar Breaks Point Supreme Campground (10332 ft) Avg Hi/Lo: 70/42

We will exit Bryce Canyon the way entered, by taking the bike trail through Red Canyon. Our first 26 miles will be mostly downhill to the town of Panguitch where we will begin climbing towards the highest point on our trip, Cedar Breaks National Monument (10,600 ft). We will stop for lunch at Panguitch Lake at around 44 miles. This may be our last chance for food and supplies as Cedar Breaks is quite remote. Cedar Breaks is also likely to be cold. The campground is often snowed in until the beginning of June. Even in July the average low is only 42, keep your warm weather gear handy!



**Come camp at 10,000 feet elevation!** Camping is available from mid-June to mid-September. Ranger-led evening programs are offered Fridays, Saturdays, and Sundays from late June to late September. On Fridays and Sundays a ranger will give an evening program at 9:00 pm at the campground amphitheater. Programs cover a wide range of topics from wildlife to astronomy.

The nearest local store is located in Brian Head (eight miles north of the campground). Brian Head also has WiFi access and several small restaurants.

Camp sites are limited to eight people and limited to two camping units, such as two tents or a tent with a trailer. The campground fee is \$14 per night. Showers included, but no laundry.

### Eat at the Panguitch Lake



We have a full service restaurant which serves a delicious Breakfast, Lunch, and Dinner.

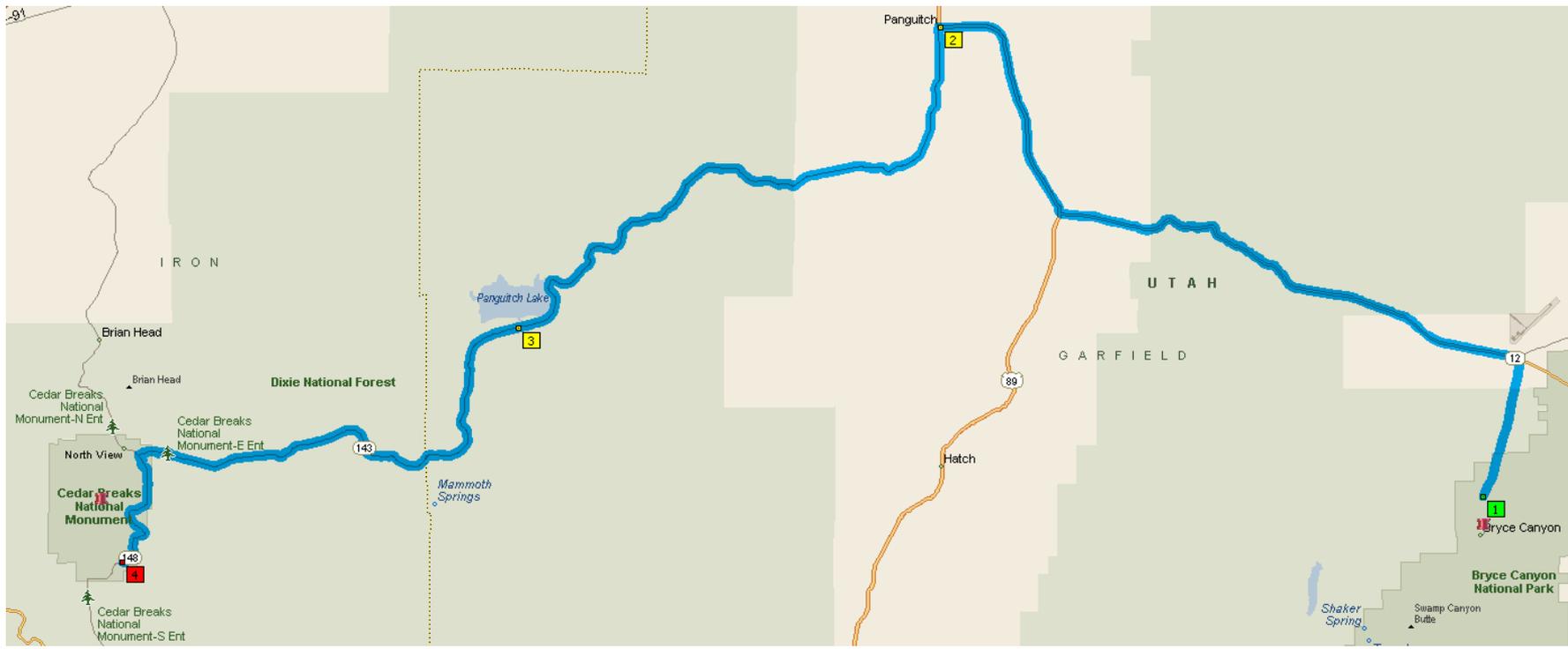
Summer Hours  
(05/01 to 10/31)

•Sunday & Monday: 7:00am - 6:00pm

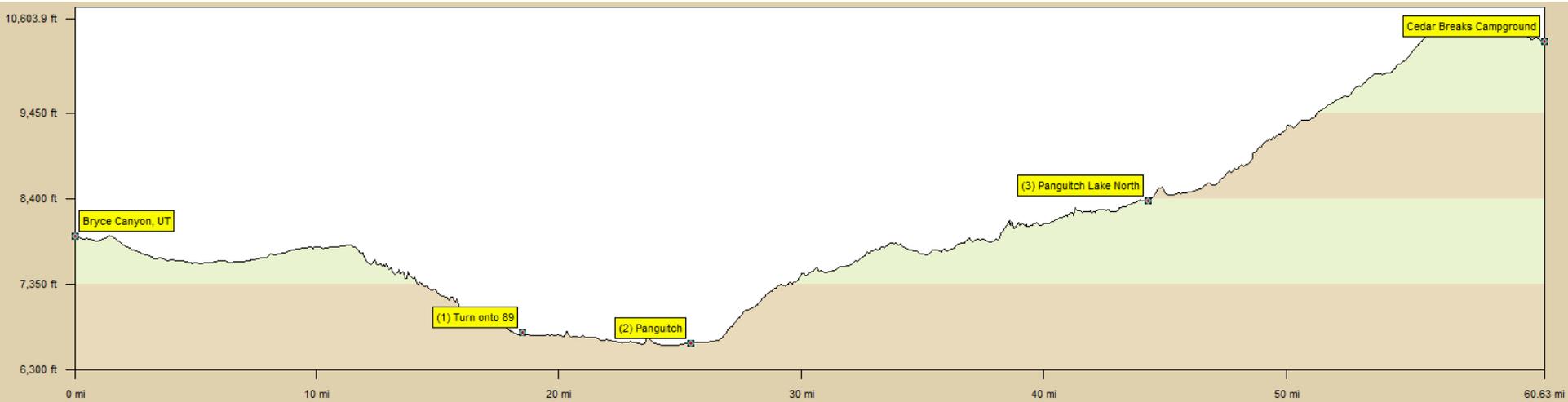
# Day 5 - Map and Elevation Profile

60 miles, 4543 ft climbing

- Start: Bryce Canyon North Campground (7950 ft) Avg Hi/Lo: 78/46
- End: Cedar Breaks Pt Supreme Campground (10332 ft) Avg Hi/Lo: 70/42



Note: We travel right to left on the map, but left to right on the elevation profile!



## Day 5 – Cedar Breaks Amphitheater

**Cedar Breaks Scenic Drive (148)** - From Highway 14 turn onto Highway 148 to get to Cedar Breaks. Once there enjoy the five-mile scenic drive. This short road takes visitors to many of the monuments attractions including the four developed view points: ***Spectra Point***, ***Point Supreme***, ***Chessmen Ridge*** and ***Sunset View***. Spectra Point displays the most detailed hoodoos. Point Supreme has perhaps the best view of the Bryce Canyon amphitheater. At Chessman Ridge the hoodoos look like giant chess pieces and Sunset View is of course the best spot to watch the sun set.



## Day 6 – Monday, July 29 (73 miles, 3133 ft climbing, 8418 descending)

Start: Cedar Breaks Point Supreme Campground (10332 ft) Avg Hi/Lo: 70/42

End: Zion National Park Watchman Campground (3744 ft) Avg Hi/Lo: 99/68

The ride from Cedar Breaks should be fast and breathtaking with over 8400 ft of descents and gorgeous views. We might stop in Mt. Carmel Junction for lunch (about 23 miles before Zion). We should arrive early enough in the day to spend some of the afternoon exploring Zion National Park. When we get close to Zion National Park's East Entrance the road has several switchbacks as well as two tunnels. One is very short, but the Zion-Mt. Carmel tunnel is 1.1 miles in length and requires an escort for oversize vehicles, campers, etc. Additionally, bicycles are not allowed through the tunnel (but see note below).

**Zion-Mt. Carmel Tunnel** - Riding through the Zion-Mt. Carmel Tunnel is prohibited; bicycles must be transported through the tunnel by motor vehicle. Usually the ranger (escort) at the tunnel will ask those driving a truck if bikers can hop in the back of their trucks. - [http://wikitravel.org/en/Zion National Park](http://wikitravel.org/en/Zion_National_Park)



[Switchback on Zion-Mt. Carmel Hwy](#)

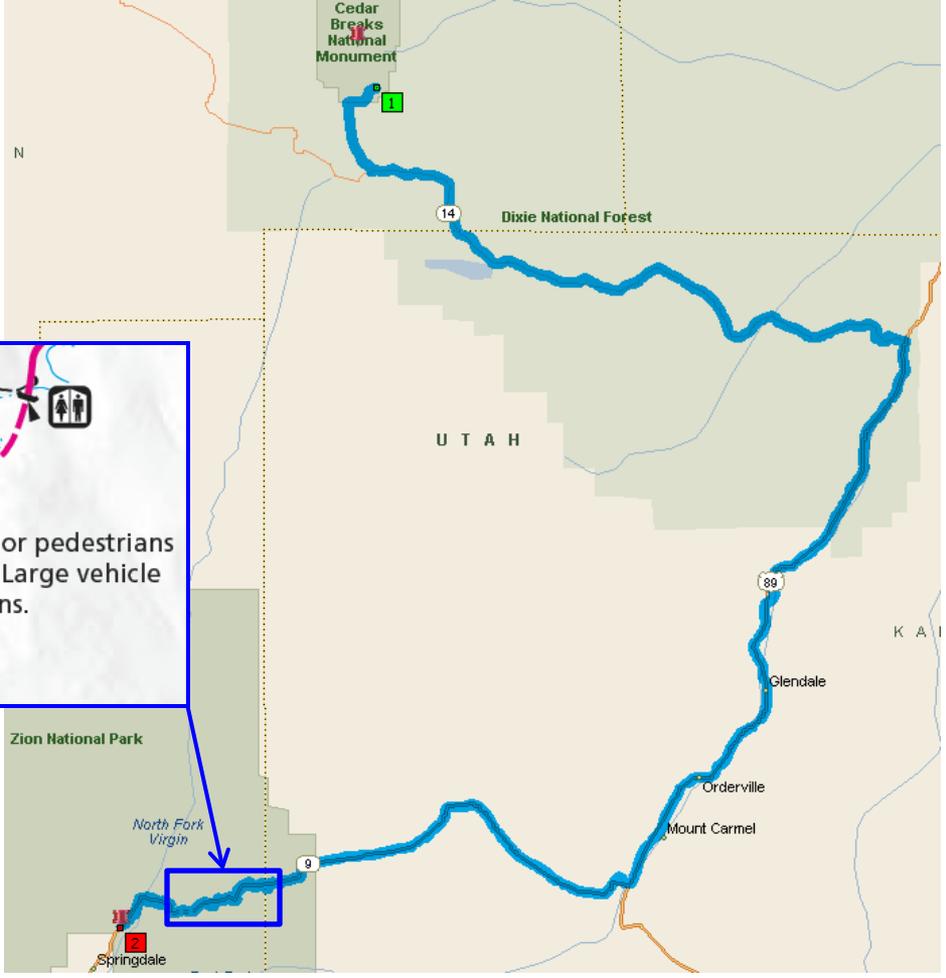
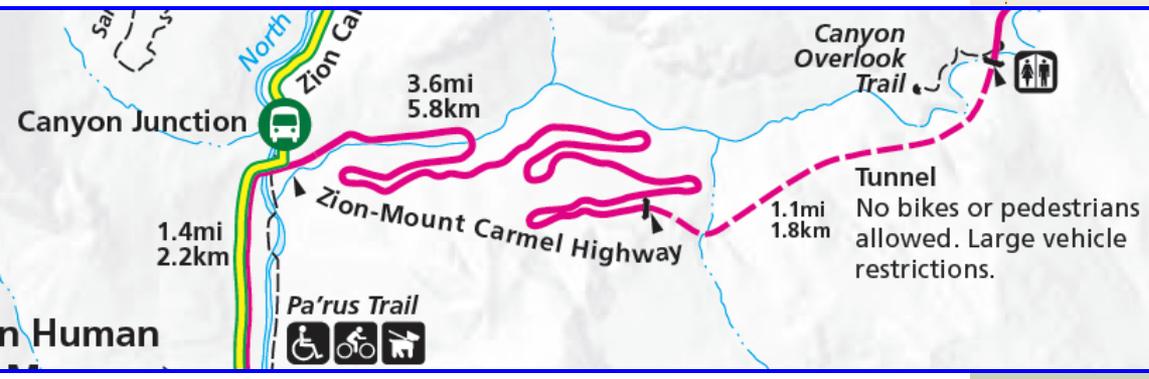


[Zion-Mt. Carmel Tunnel](#)

# Day 6 - Map and Elevation Profile

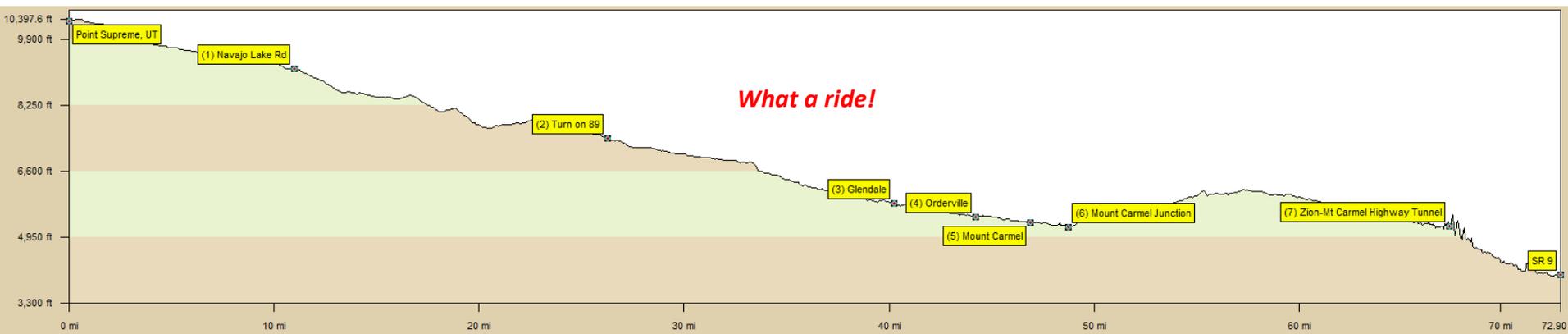
73 miles, 3133 ft climbing (8418 descending)

- Start: : Cedar Breaks Point Supreme Campground (10332 ft) Avg Hi/Lo: 70/42
- End: Zion National Park Watchman Campground (3744 ft) Avg Hi/Lo: 99/68



Dean found a guy that transports people through the tunnel. This might be better than waiting for nice people to give us rides.

***“Rich – \$10/person cash, each way. Need to know the time and number 1-2 weeks before. Will meet at parking area outside the tunnel.”***

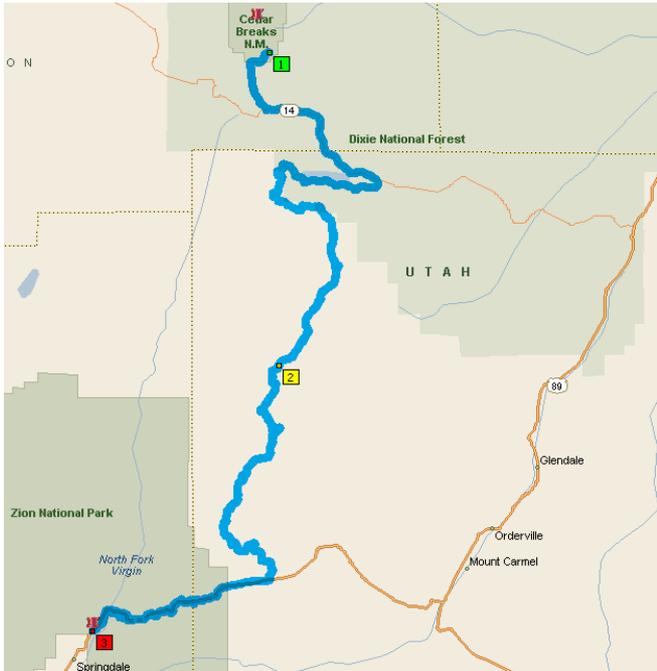


# Day 6 – Gravel road option?

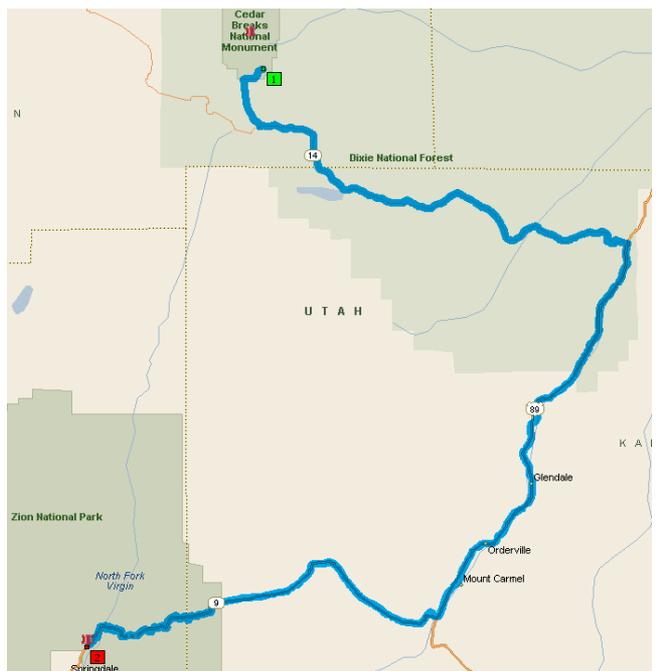
I originally thought that we might be able to use North Fork Rd (36 miles long) to connect Hwy 14 out of Cedar Breaks to Hwy 9 just before Zion Park. This would cut 10.5 miles off of our trip (62.5 miles instead of 73). However, North Fork Road is a “well-maintained gravel road” and will probably be slower, especially since we should be flying on the roads with 8000 ft of descents. The North Fork Road also does not have as smooth an elevation profile as seen below. Of course, we can ask about the road when in Cedar Breaks and perhaps some will want to try it (a quiet road away from the traffic has some appeal). We will also cycle right past it, so we can have a look when we go by.



North Fork Road - [http://www.laudizen.com/images32\\_1.htm](http://www.laudizen.com/images32_1.htm)



North Fork Road option - 62.5 miles

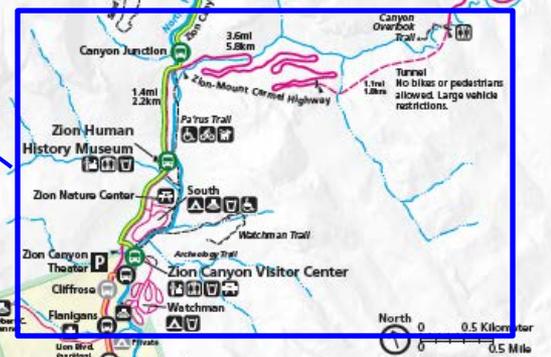
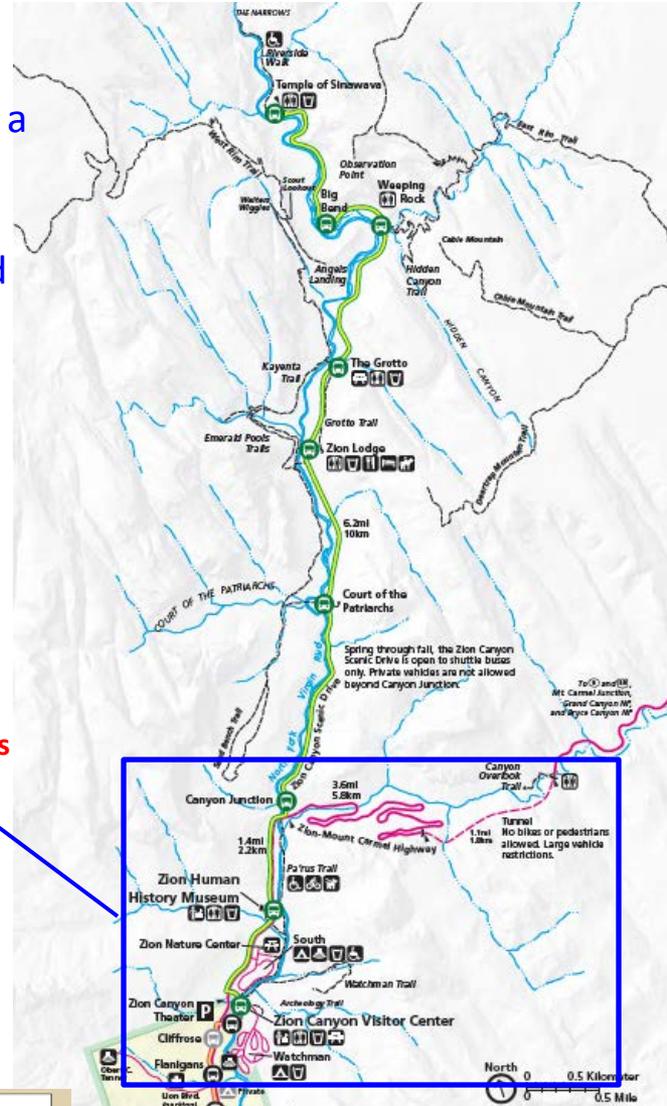
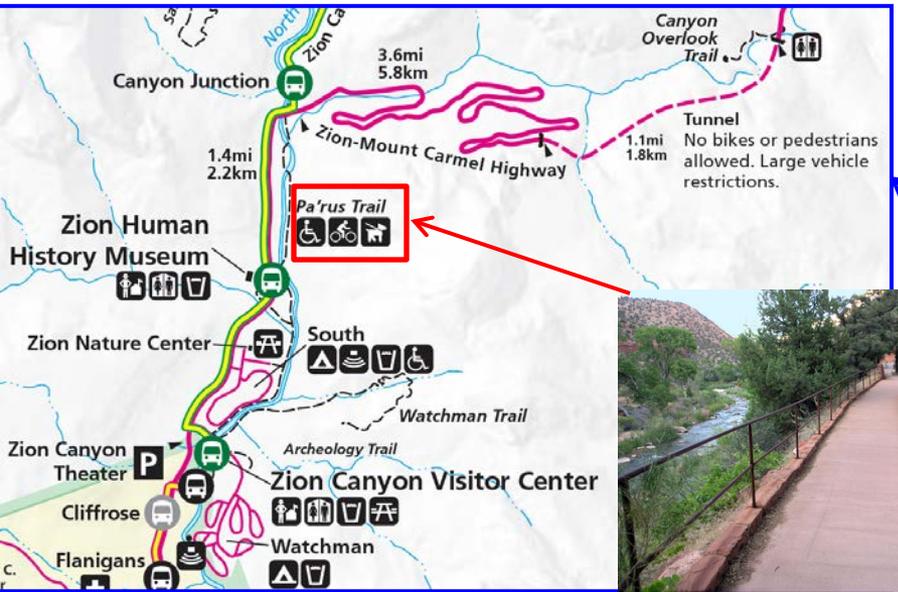


Highway option - 73 miles

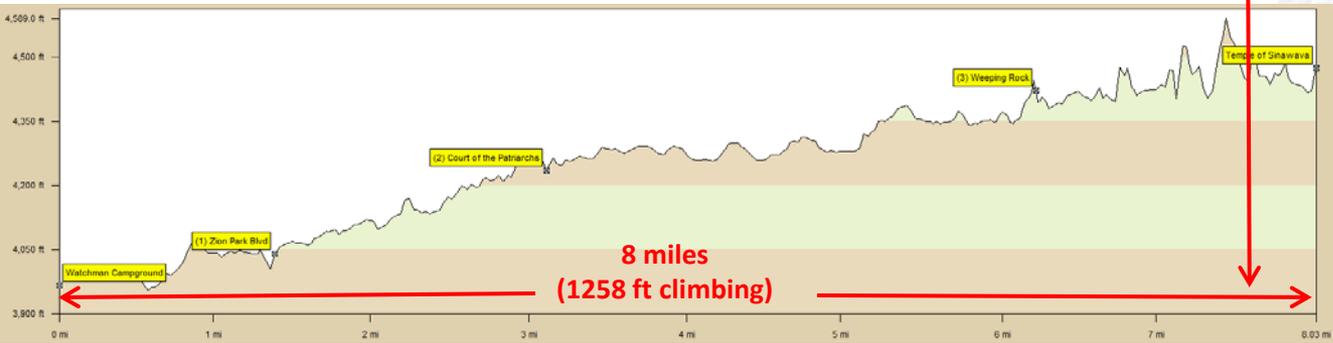


# Day 6 - Exploring Zion National Park

- After being transported through the Zion-Mt. Carmel tunnel, there is a nice bike trail (the Pa'rus Trail) that we can use to get to the campground.
- Note that the Pa'rus Trail is the only trail open for cyclists. This paved trail parallels Zion Canyon Scenic Drive (see map below)

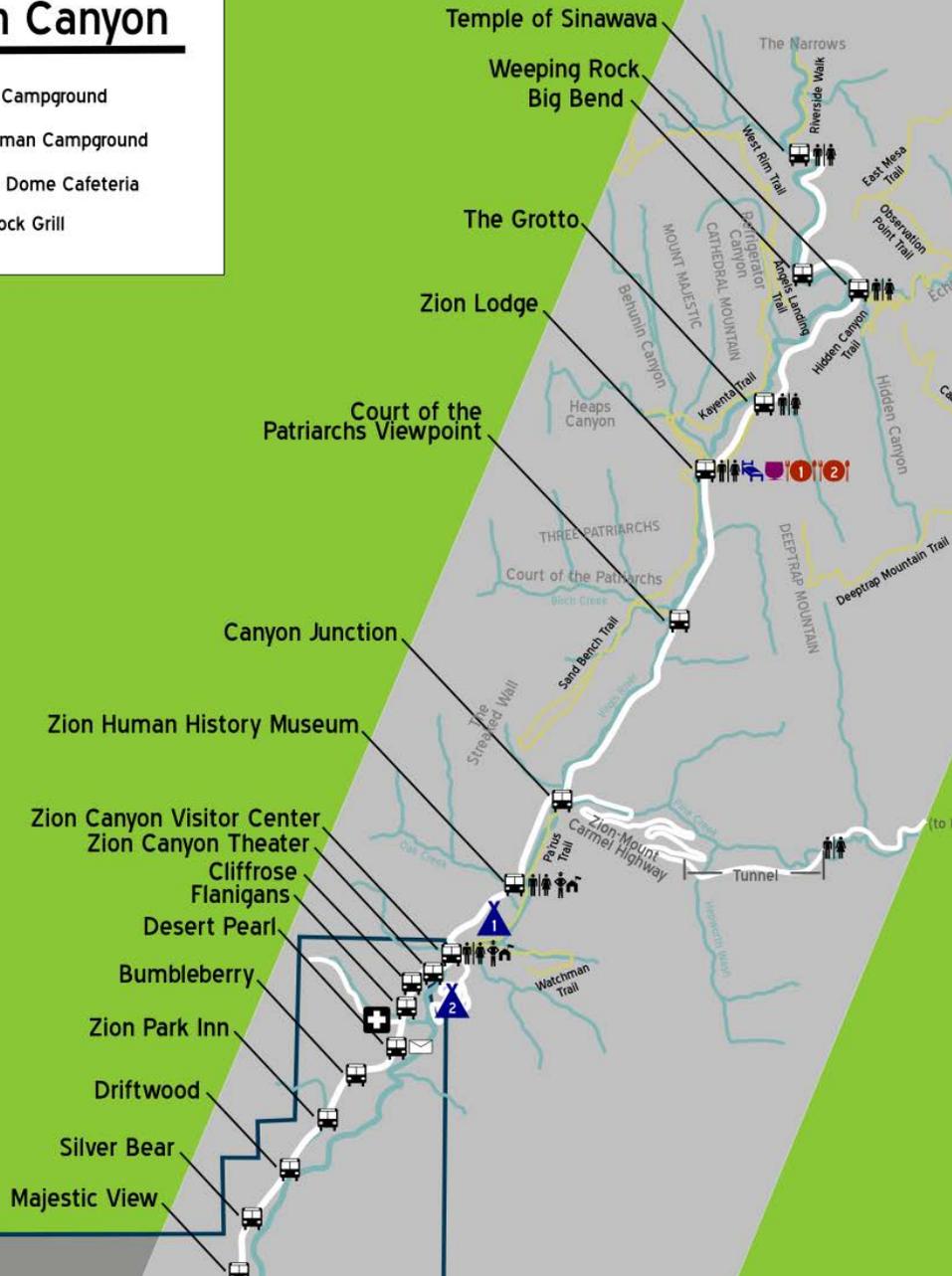


- After setting up camp, we could cycle 8 miles to the end of Zion Canyon Scenic Drive. This should be a spectacular ride!



# Zion Canyon

-  South Campground
-  Watchman Campground
-  Castle Dome Cafeteria
-  Red Rock Grill



Touring Zion National Park by bicycle will be ideal. It is about 8 miles from the [Watchman Campground](#) to the northern end of Scenic Drive (16 miles round trip). Along the way we can visit:

- Canyon Junction
- Zion Lodge
- Big Bend
- Temple of Sinawava Visitor Center
- History Museum
- Court of the Patriarchs
- The Grotto
- Weeping Rock
- Much more

## Dining:

- There are numerous restaurants in Springdale (just south of the campgrounds)

## Shuttle Buses:

- You can also take free shuttle buses through Zion Park.
- Enjoy narrated tours.
- Get on and off where you like for hikes, etc.



<http://wikitravel.org/en/File:Map-USA-Zion National Park-Canyon03.png>

## Day 6 – Camping and dining at Zion National Park

### Dining:

- There are many restaurants in Springdale (just south of the campgrounds)
- Breakfast, lunch, and dinner is also served in the [Zion Lodge](#)

### Campgrounds

- There are two campgrounds at Zion: The South Campground and Watchman.
- Reservations for campsites at [Watchman Campground](#) for camping from March 3, 2012 through November 25, 2012 may be made six months prior to your arrival date online at [www.recreation.gov](http://www.recreation.gov) or by calling 877-444-6777.
- There are 9 Tent Only, Walk-to campsites. These sites are a short walking distance from vehicle parking and are ideal for bicyclists.
- Tent Only campsites are \$16.00 per night.
- No showers. No laundry. 6 people per campsite, including children.
- Tent pads can accommodate 1 large, 2 medium or 3 small tents at most sites.
- **Showers and laundry are available for a fee in Springdale.**
- Bicycles are allowed only on the paved Pa'rus Trail and park roads.

**Showers** – There are no showers available in the park. However, I found some references to pay showers outside the park that are available. I emailed one below:

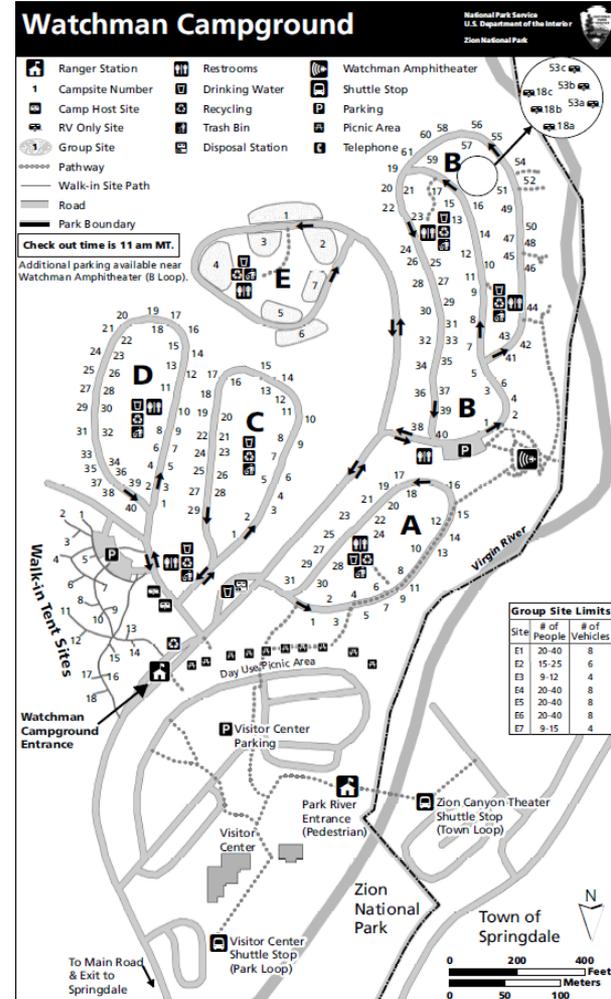
Zion Rock & Mountain Guides (see image below)

1458 Zion Park Boulevard, Springdale, UT , (435) 772-3303 - [zionrockguides.com](http://zionrockguides.com)

“Thanks for your message. We do have showers, however, they may be under construction-- give us a call closer to your travel date.”

Zion Rock & Mountain Guides

Bike Zion



## Day 6 – Springdale (very close to camp on the edge of Zion National Park)

### Dining:

- There are numerous restaurants in Springdale (just south of the campgrounds)
- Breakfast, lunch, and dinner is also served in the Zion Lodge



Zion Cycles is located just 1 mile from the entrance of Zion National Park, behind the Zion Pizza Noodle Co., next to Zion Mountain School (ZMS).



The Spotted Dog restaurant in Springdale



“Nestled amid the sandstone peaks of Zion National Park, the charming town of Springdale is the gateway to Zion National Park and offers an abundance of lodging and activities. Hotels, motels, Inns, bed and breakfasts and campgrounds accommodate a variety of tastes and budgets. Springdale extends a warm welcome to visitors, who can enjoy browsing through its enchanting shops and galleries and dining in its eclectic cafes.” <http://www.zionpark.com/>

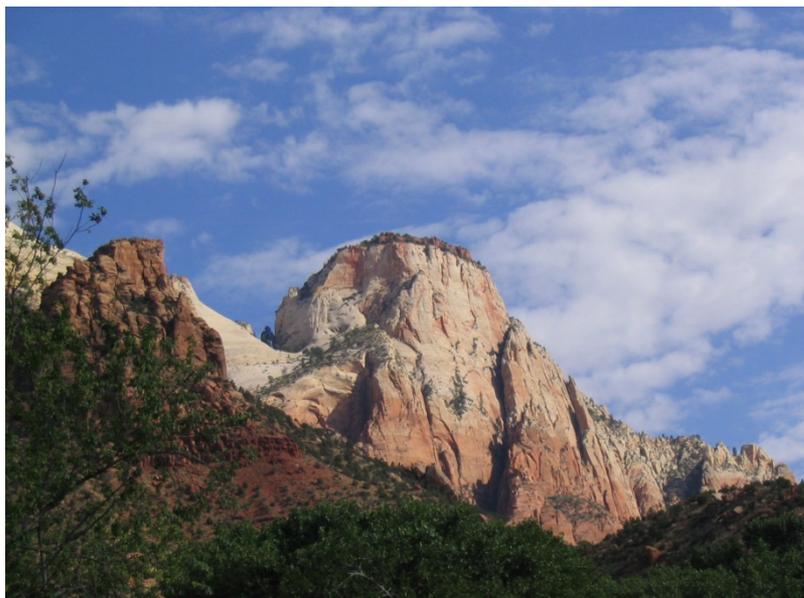
**Day 6 – Zion National Park**



**Kolob Arch**



**Great White Throne**



**The Sentinel**



**Court of the Patriarchs**

## Day 7 – Tuesday, July 30 (78 miles, 7291 ft climbing)

Start: Zion National Park Watchman Campground (3744 ft) Avg Hi/Lo: 99/68

End: Jacob Lake Inn or Campground, AZ (7920 ft) Avg Hi/Lo: 79/51

We will once again have to be transported through the Zion-Mt. Carmel Tunnel as we exit Zion National Park to the east. We will continue through Carmel and will stop at Kanab, UT for lunch (31 miles). We will continue south on 89 and enter Arizona. We will pass through Fredonia and continue on to Jacob Lake. Jacob Lake has a lodge (with a restaurant and bakery), a visitor center, and a campground. You can stay in the lodge or the campground (I pick the lodge as the campground is primitive – more details on later slides). ***This may be the hardest day of the trip with 78 miles and over 7000 ft of climbing (but a short day tomorrow).***



### Jacob Lake Inn

Located 45 miles (75 km) north of the North Rim in Jacob Lake, Arizona, the Jacob Lake Inn is open year-round 6:30 am–9 pm.

Includes a restaurant, store, and gas station with pay at pump available 24 hours daily.

Propane is available.

Restaurant Hours

Mon-Sun 6:30am - 9:00pm (In Season)

Good breakfast, lunch, and dinner selections as well as an impressive bakery.



### Visitor Center

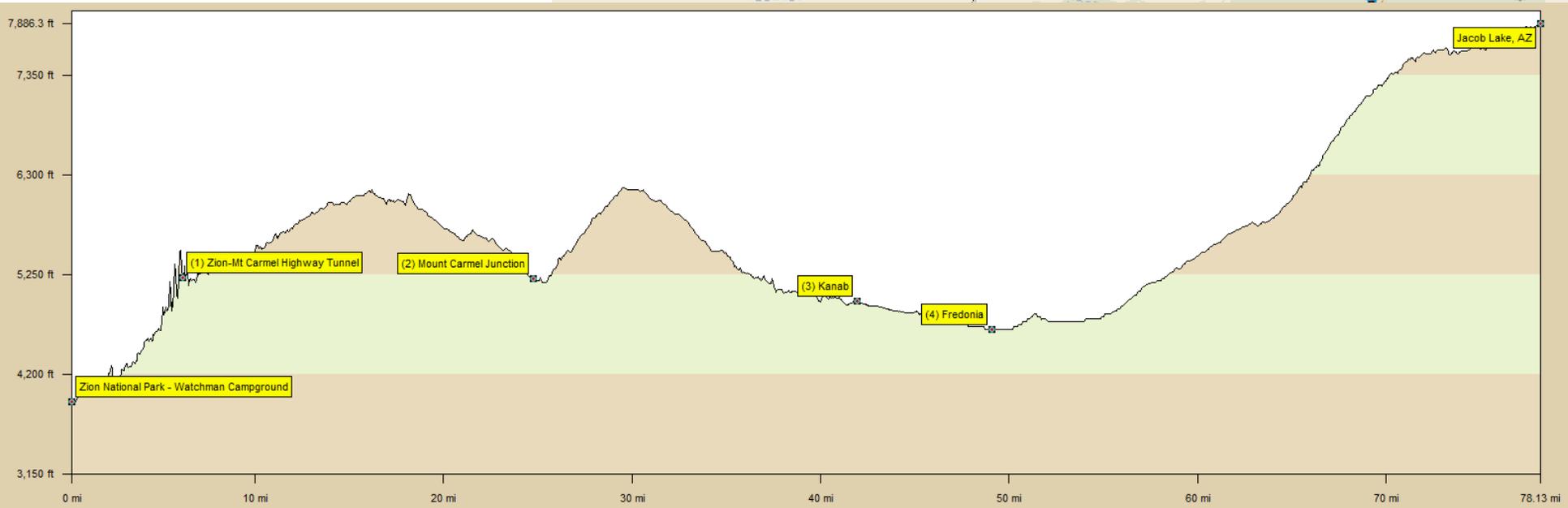
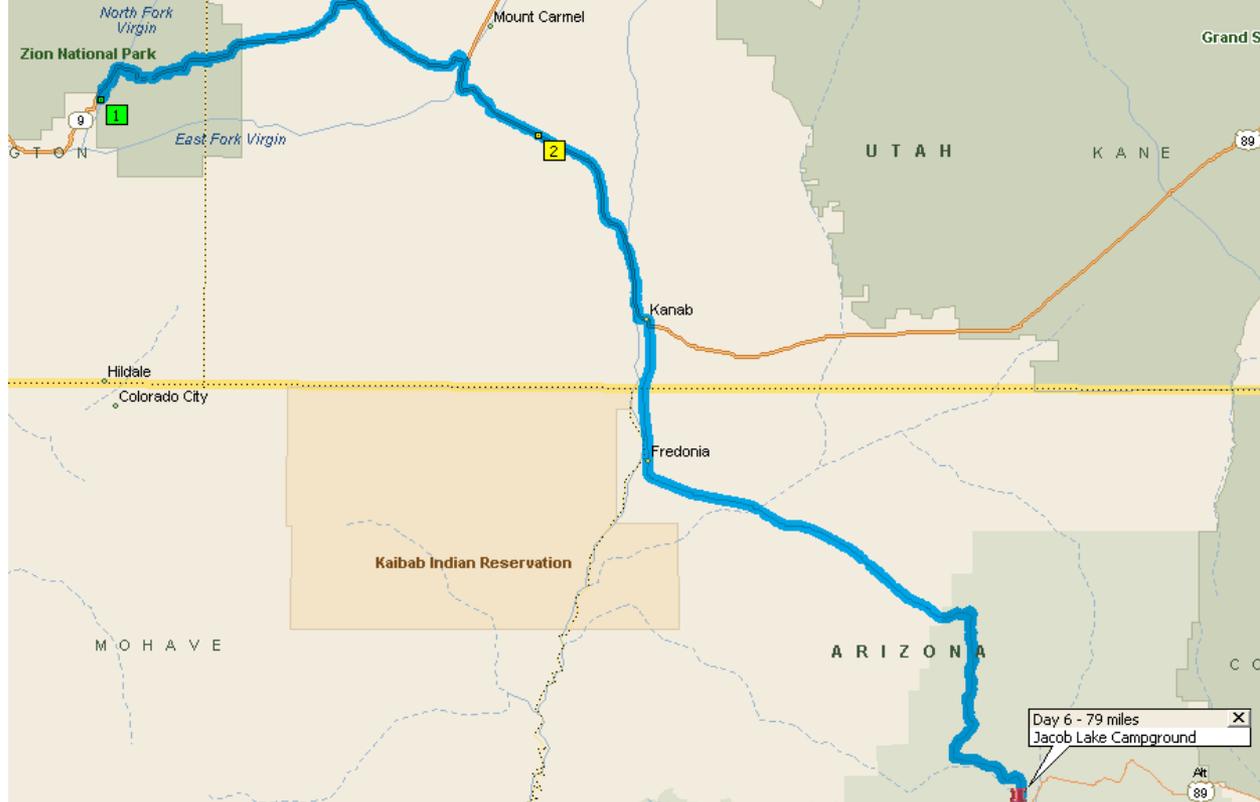
A visit to the North Kaibab Ranger District should include a stop at the North Kaibab Plateau Visitor Center in Jacob Lake, Arizona. The visitor center is open 8 am to 5 pm daily from mid-May to mid-October, with reduced hours later into the season.

The center offers exhibits explaining the natural and cultural resources on the Kaibab Plateau; geology, wildlife, archaeology and history, and recreation. Information on recreation opportunities within the Forest and the North Rim of the Grand Canyon are shared by staff. Learn about the natural and cultural wonders of the Kaibab Plateau and ask about interpretive programs at the campgrounds and historic Jacob Lake Ranger Cabin.

## Day 7 - Map and Elevation Profile

78 miles, 7291 ft climbing

- Start: Zion National Park Watchman Campground (3744 ft)  
Avg Hi/Low: 99/68
- End: Jacob Lake Lodge or Jacob Lake Campground, AZ (7920 ft)  
Avg Hi/Low: 79/51



## Day 7 – Jacob Lake Campground

**Jacob Lake Campground**  
Operated during the summer only by the US Forest Service; 45 miles (75 km) north of the North Rim. No hook-ups. \$17 per night. Group site only may be reserved: (877) 444-6777 or [www.recreation.gov](http://www.recreation.gov)



### Jacob Lake Campground

Most people come to this campground because it is located on the main access route to the Grand Canyon's North Rim, which is 44 miles to the south. However, campers at Jacob Lake don't have to drive at all to take advantage of excellent opportunities for hiking, sightseeing, and wildlife viewing. Jacob Lake Campground offers 51 camp sites and is located 30 miles south and east of Fredonia at the intersection of US 89A and AZ 67, which are both paved highways. Campsites at Jacob Lake Campground are available on a first-come, first-served basis. No advance reservations are available for single sites. [Reservations](#) can **ONLY** be made for Jacob Lake Group Campground. <http://www.recreation.gov>

\$17 per per night for first vehicle. Up to 6 people per site. **Group reservation fee:** 1-35 people is \$70.00 per night;

Drinking water

Restroom: Vault toilets

No showers. No laundry.



The historic **Jacob Lake Ranger Station**, built in 1910. Located one mile west and south of North Kaibab Visitor Center. - [http://en.wikipedia.org/wiki/Jacob\\_Lake,\\_Arizona](http://en.wikipedia.org/wiki/Jacob_Lake,_Arizona)

# Day 7 – Jacob Lake Inn

As the [Jacob Lake Campground](#) is somewhat primitive (vault toilets, no showers), a nice option is to stay at the [Jacob Lake Inn](#). Both hotel & motel rooms (air conditioned) and cabins (not air conditioned) are available. I will stay in a motel room in the Inn. Of course, if anyone prefers to stay in the campground, they are welcome to use my shower!



**★BOOK!** CABIN - 2 FULL BEDS - 2 ROOMS **2 Guests, 1 Night For: \$107.00**

Our cabins come in a variety of bed sizes and occupancies. This cabin features two rooms with a full bed in each room. These cabins have seen generations of honeymooners, hunters, families, and friends. Each cabin has a shower, heater, bed, and a comfortable deck to sit on and enjoy the fresh mountain air. The cabin area has a stone waterfall which has become a favorite birdwatching location. It is beautifully landscaped with wildflowers, native grasses, shrubs, and trees. Cabins do not have television, phones or air conditioning. None of our rooms have internet access. Smoking and Cots are not allowed in this room. Due to Forest Service regulations, cooking is not allowed in any of the rooms or on our property. If you would like to use a cooking stove, please inquire at the Front Desk for more information.

[More Pictures](#)



**★BOOK!** HOTEL - 2 QUEEN BEDS - CABLE TV **2 Guests, 1 Night For: \$139.00**

Our hotel units come in several different configurations containing different size beds. This room has two comfortable queen beds, cable TV, a shower, heater, air conditioning, and a comfortable porch to sit and enjoy the fresh mountain air. This is a ground floor hotel room. Smoking, Pets, and Cots are not allowed in this room. None of our rooms have internet access. Due to Forest Service regulations, cooking is not allowed in any of the rooms or on our property. If you would like to use a cooking stove, please inquire at the Front Desk for more information.

[More Pictures](#)

## Day 8 – Wednesday, July 31 (44 miles, 2178 ft climbing)

Start: Jacob Lake Inn/Campground, AZ (7920 ft) Avg Hi/Lo: 79/51

End: North Rim Campground, AZ (8312 ft) Avg Hi/Lo: 77/46

We will head south along a beautiful stretch from Jacob Lake toward the northern rim of the Grand Canyon. The road winds through 100-foot-high ponderosa pines, white-barked quaking aspen and small grassy meadows border the highway. The drive is a designated National Forest Scenic Byway, called the Kaibab Plateau–North Rim Parkway, and an Arizona State Scenic Byway. This pleasant, paved, 44-mile-long drive ends at Grand Canyon Lodge near Bright Angel Point on the North Rim of the Grand Canyon National Park. The view from here is spectacular, one of the best in the park. This pleasant, paved, 44-mile-long drive ends at Grand Canyon Lodge near Bright Angel Point on the North Rim of the Grand Canyon National Park. The view from here is spectacular, one of the best in the park. - <http://www.weather.com/travel/driving-scenic-drives/arizona-kaibab-north-rim-20120419>

After about 26 miles, we will stop at the Kaibab Lodge and North Rim Country Store for lunch (or a snack and wait for lunch at the Grand Canyon Lodge).



### Kaibab Lodge

Located 18 miles (30 km) north of the North Rim, the lodge is open mid-May to early November and includes a restaurant. Some services may remain open after facilities in the park have closed for the season.  
928-638-2389

### North Rim Country Store

Located 18 miles (30 km) north of the North Rim. Convenience store and gas station open 7:30 am to 7 pm daily, May 15 to early November. Offers tire repair and ATM.  
928-638-2383

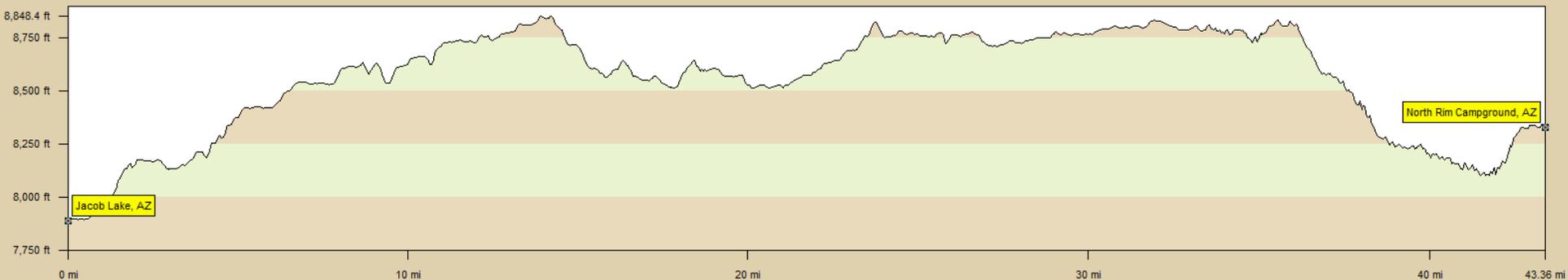
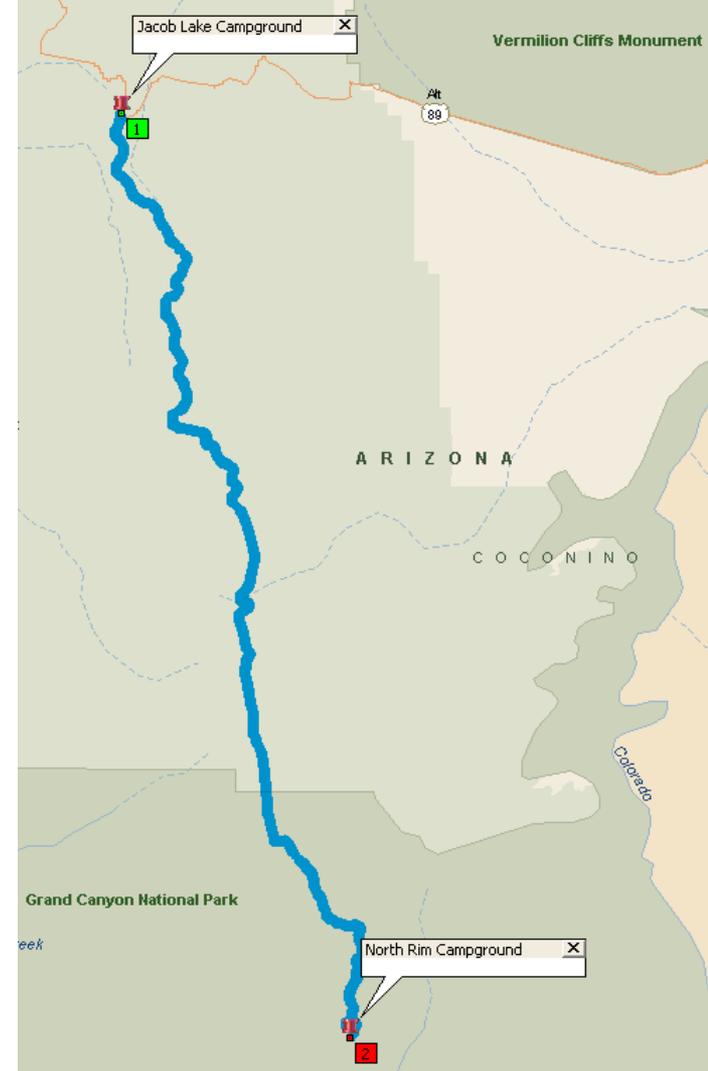


## Day 8 - Map and Elevation Profile

44 miles, 2178 ft climbing

- Start: Jacob Lake Inn/Campground, AZ (7920 ft) Avg Hi/Lo: 79/51
- End: North Rim Campground, AZ (8312 ft) Avg Hi/Lo: 77/46

"Arizona's Highway 67 or the Kaibab Plateau Scenic Byway was described by Arizona Highways Magazine as "***the most beautiful 44 miles in Arizona.***" The road begins at Jacob Lake Inn and ends at Bright Angel Lodge on the North Rim of the Grand Canyon. Highway 67 takes you from tall ponderosa pines that seem to close in over the road to the sudden expanse of a meadow full of wildflowers. It is not uncommon to see deer and other wildlife in the meadows as one travels towards the North Rim. During the early fall, bikers are delighted by the glorious vastness of hill after hill of aspen trees in all their glorious colors. Come experience "the most beautiful 44 miles in Arizona" as you bike to the stunning North Rim of the Grand Canyon." - [http://www.jacoblake.com/road\\_biking.html](http://www.jacoblake.com/road_biking.html)



## Day 8 – Northern Rim Lodge, Visitor Center, and General Store



Grand Canyon Lodge Northern Rim



Northern Rim Visitor Center

### The Lodge Dining Room

Dining in the historic Grand Canyon Lodge is truly a memorable experience. Regional as well as 1930's themed foods are featured throughout the menus. We take pride in utilizing only the freshest and healthiest ingredients. The "all natural" beef and poultry products are antibiotic and hormone free. Additionally, we offer organic products including delicious salad greens and pastas.

Breakfast and lunch a la carte menus are complemented by the Lodge buffet. The breakfast buffet provides a full assortment of hot and cold breakfast items for those who are on a tight time schedule or seeking a variety of early morning goodies. The lunch buffet offers a fresh salad bar and an assortment of pasta and sauces.

The Lodge dinner menu features a complementing wine menu including American- organic selections available by the glass. Our elegant cuisine offerings include hand-cut all natural USDA Choice Grade steaks, American buffalo, succulent roasted chicken, and a variety of other options guaranteed to satisfy your personal tastes.

Breakfast: 6:30 a.m. to 10:00 a.m.

Lunch: 11:30 a.m. to 2:30 p.m.

Dinner: 4:45 p.m. to 9:45 p.m.

The General Store, which is located near the campground, serves fast-food items. Call (928) 638-2611 for current hours of operation.

### Frommer's Review

The North Rim General Store is small but well-supplied with groceries, beer and wine, and a limited supply of camping equipment, including flashlights, stoves, cooking ware, sleeping bags, mats, ponchos, and insect repellent. However, it cannot outfit backpackers.

**Visitor Center:** The NPS North Rim Visitor Center is adjacent to Grand Canyon Lodge. Staff members can answer your questions regarding the Grand Canyon and surrounding areas. Exhibits, books for sale and accessible restrooms are also available. Park rangers at the North Rim offer numerous free, fun and educational activities including nature walks, geology talks and evening programs. For general park information, call (928) 638-7888.

# Days 8 -9: North Rim Campground



Typical North Rim Campsite

## Groceries and Camping Supplies

The General Store is adjacent to the North Rim Campground. Open daily 7 am–8 pm.

## Laundry and Showers

On the road to the North Rim Campground. Open daily 7 am–10 pm.

## Food

### INSIDE THE PARK

Grand Canyon Lodge Dining Room

Breakfast: 6:30–10 am

Lunch: 11:30 am–2:30 pm

Dinner: 4:45 pm–9:45 pm

Dinner reservations recommended.

Deli in the Pines

7 am–9 pm

Roughrider Saloon

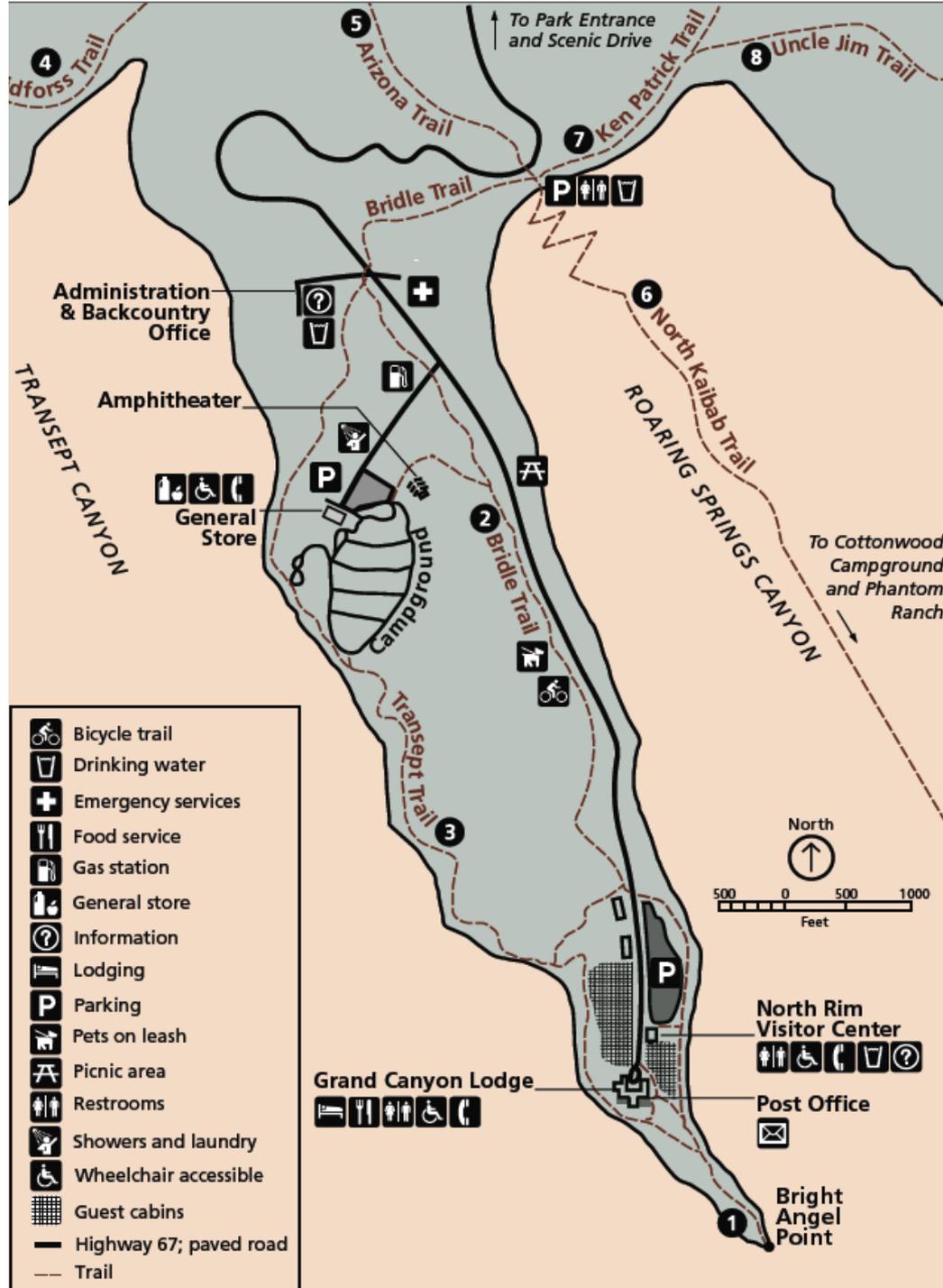
11:30 am–11 pm

Coffee Shop

Located in the Roughrider Saloon; offers coffee, bagels, and baked goods from 5:30 am–10:30 am. Light fare, appetizers, and cocktails served after 11:30 am.

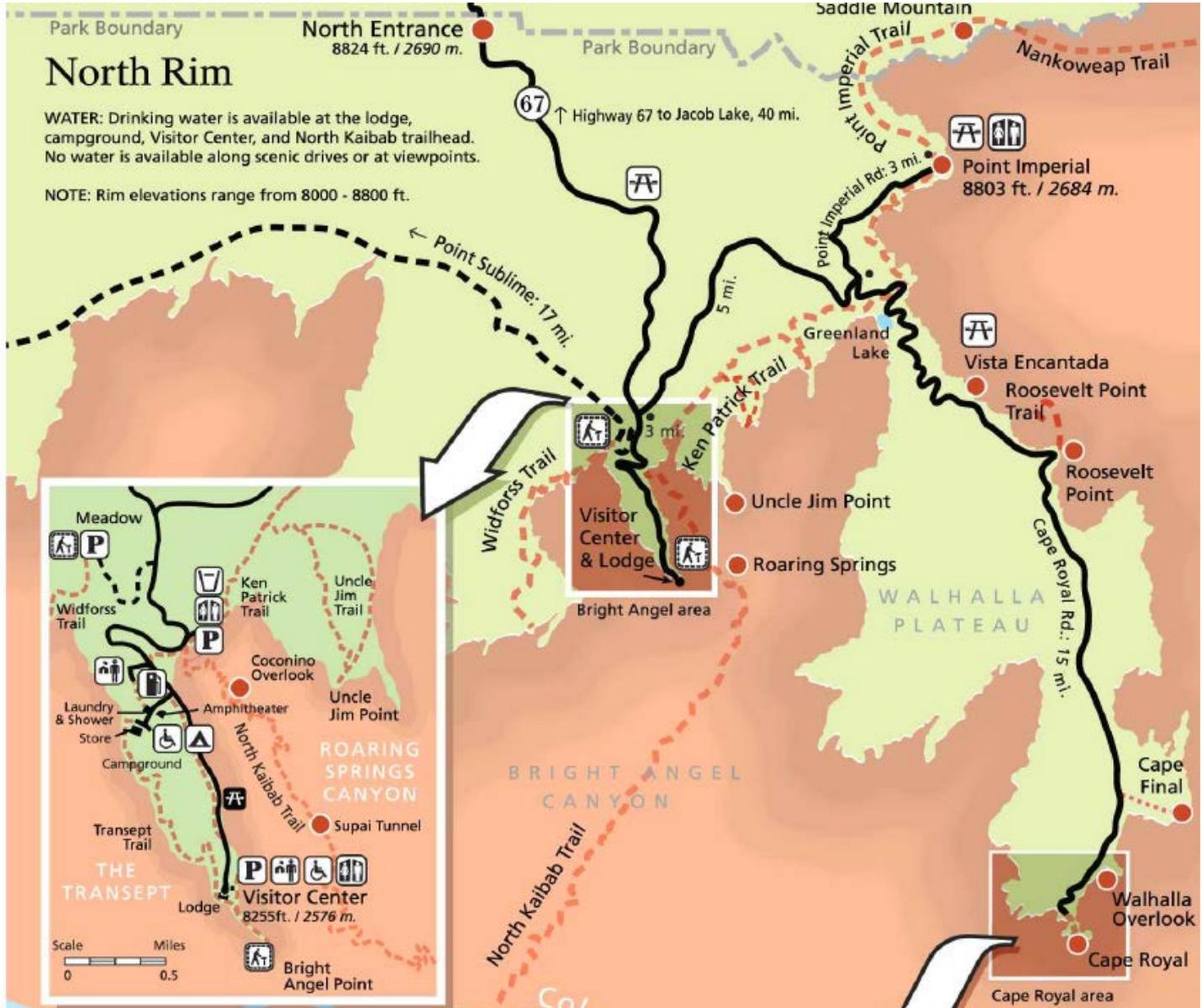
Fees are \$18–\$25 per site per night. A maximum of 2 vehicles, 6 people, 3 tents are allowed per site.

Coin operated laundry and showers are located at the entrance to the campground. Reservations may be made through the **National Recreation Reservation Service** by calling 1-877-444-6777 or online at <http://www.recreation.gov/> It is best to make reservations because the North Rim Campground fills most days.



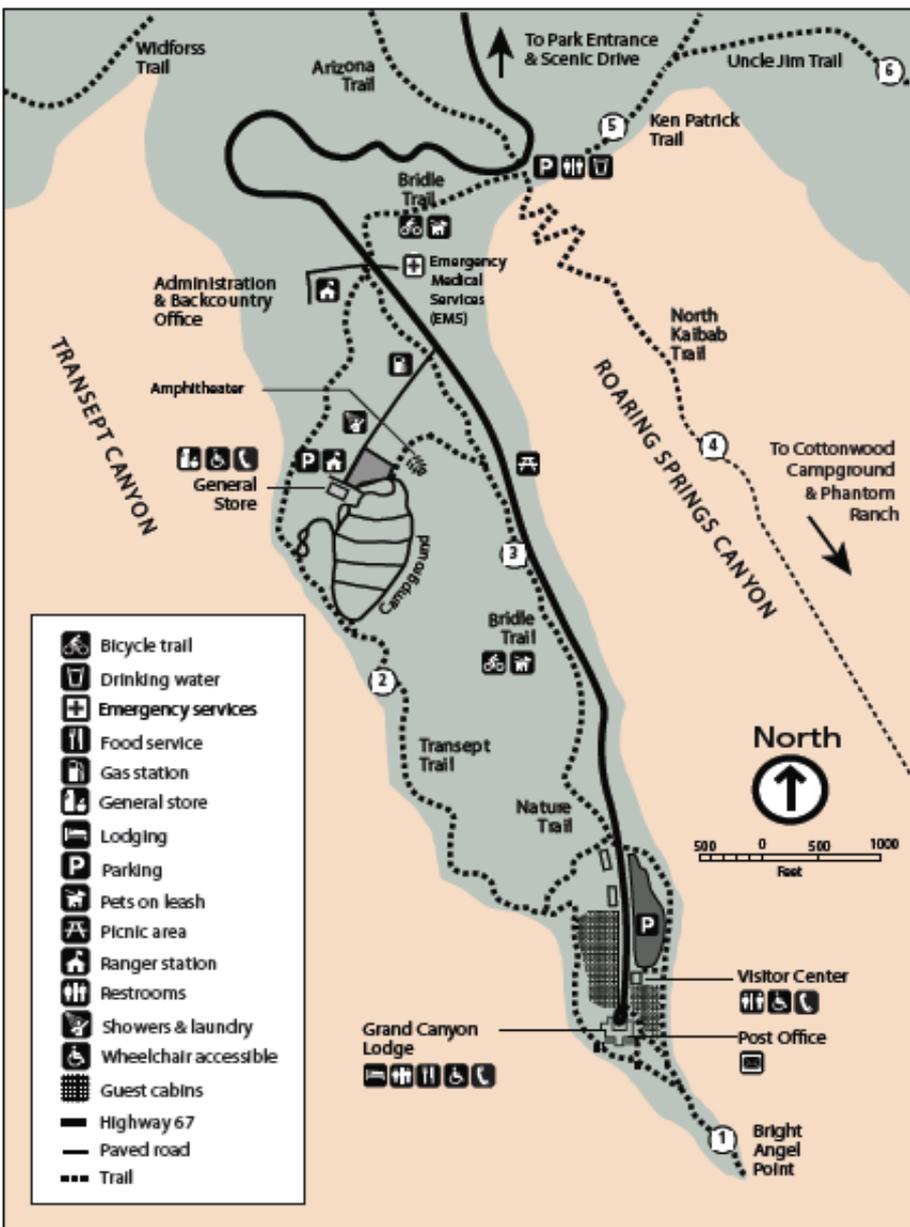
# Days 8-9 – Hiking near the North Rim

Bright Angel Point, south from the visitor center, can be reached via a 1-mile round trip hike with a grand view of the canyon. The Transept Trail offers an easy 3-mile round trip hike. The Uncle Jim Trail offers a relatively easy 4-mile loop along the edges of Bright Angel and Roaring Springs canyons. It forks from the Ken Patrick Trail (which is suitable for advanced hikers).



## Days 8-9 – Biking/hiking near the North Rim

The Bridal Trail (1.2 mi) is the only trail that permits bikes. It connects the campground, General Store, Visitor Center, and Lodge, so we will probably use it quite a bit.



### 1. Bright Angel Point Trail

0.5 mi./0.8 km round-trip;  
30 minutes approximate round-trip  
A short walk on a paved trail leads to a spectacular view of the canyon. The trail begins at the log shelter in the parking area by the visitor center or at the corner of the back porch behind the lodge. Obtain self-guiding nature trail pamphlets from a box along the trail.

### 2. Transept Trail

3.0 mi./4.8 km round-trip;  
1.5 hours approximate round-trip  
Trail follows the canyon rim from Grand Canyon Lodge to the North Rim Campground.

### 3. Bridle Trail

This trail follows the road as it connects the Grand Canyon Lodge with the North Kaibab Trailhead, a distance of 1.2 miles/2 km one-way. Pets on leash and bicycles are permitted on this hard-packed trail.

### 6. Uncle Jim Trail

5.0 mi./8.0 km round-trip; 3 hours approximate round-trip hiking time.  
Winds through the forest to a point overlooking the canyon and the North Kaibab Trail switchbacks. Begins at the North Kaibab Trail parking lot. This trail is also used by mules.

### 4. North Kaibab Trail

Distance and hiking times vary.  
This is the only maintained trail into the canyon from the North Rim. Distances and locations for North Kaibab trail, and information about canyon hiking are listed on pages 12-13. Under no circumstances should you attempt to hike from the rim to the river and back in one day! Round trip to the Colorado River is 28 miles/45 km and the trail descends almost 6,000 ft./1,800 m.

The opening of the North Kaibab Trail may be delayed due to severe winter damage. More information on the North Kaibab Trail is displayed on page 13. This trail is also used by mules.

### 5. Ken Patrick Trail

10 mi./16 km one-way;  
6 hours approximate one-way hiking time.  
Trail winds through the forest and along the rim from Point Imperial to the North Kaibab Trail parking area.

### 7. Widforss Trail

10 mi./16 km round-trip; 6 hours approximate round-trip hiking time  
Blends forest and canyon scenery. Even a short walk can be very satisfying. Take the dirt road 1/4 mile/0.4 km south of Cape Royal Road for 1 mile/1.6 km to the Widforss Trail parking area. Self-guiding trail brochure available at trailhead.

### 8. Arizona Trail

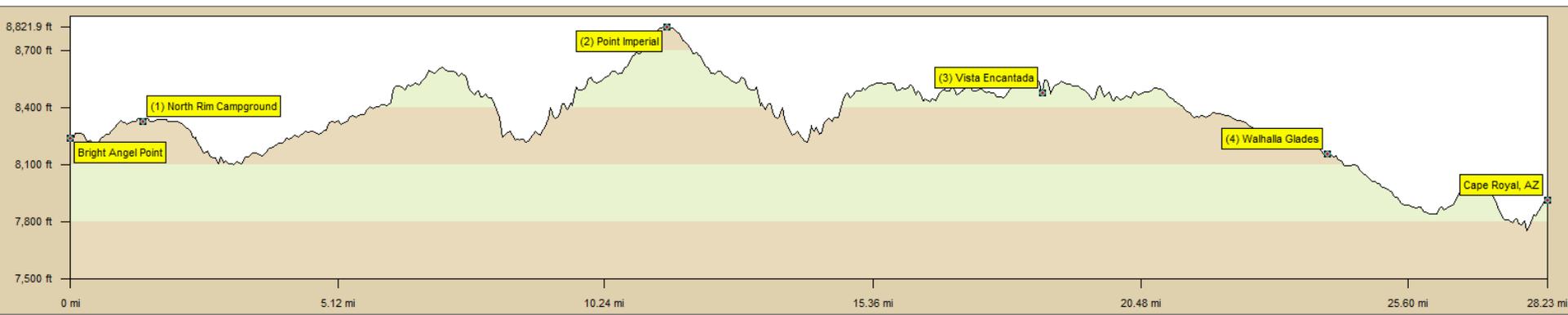
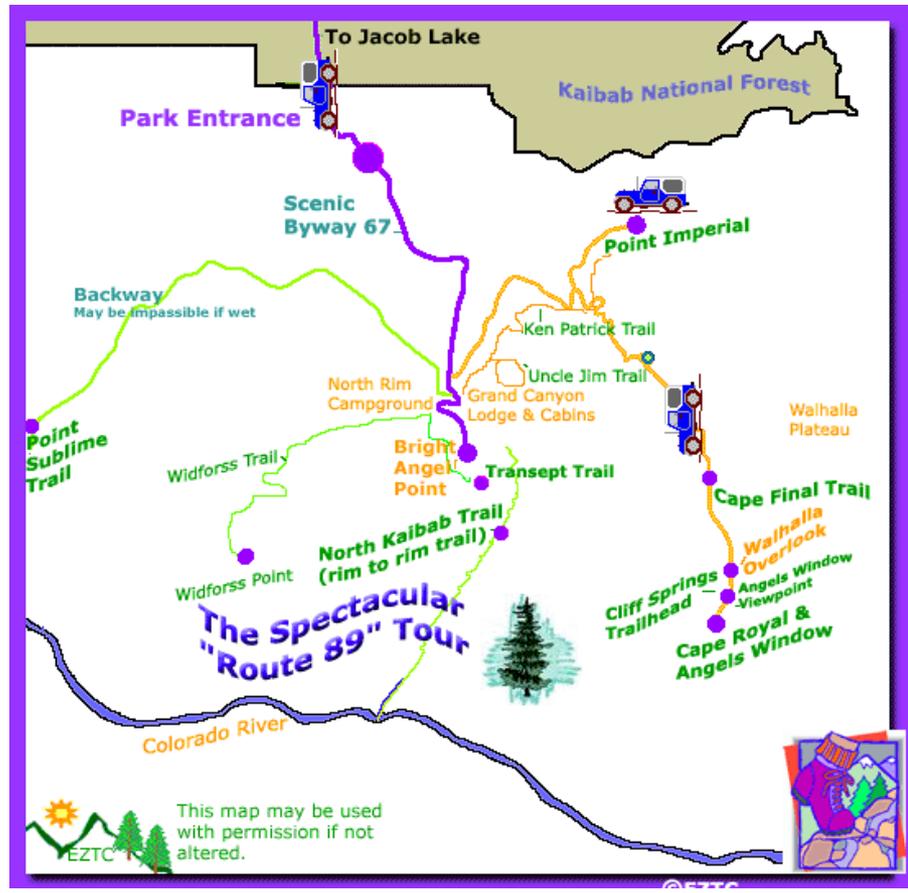
A section of this trail enters the park near the North Entrance and roughly parallels the highway until it connects with the North Kaibab Trail, a distance of approximately 10 miles/16 km.

# Day 9 – Thursday, August 1 (56 miles, 5111 ft climbing)

## A day exploring the northern rim of the Grand Canyon

### Exploring the northern rim of the Grand Canyon

- We will camp at the Northern Rim Campground for two nights, so we can ride unloaded on Day 9
- In addition to numerous hiking trails, there are roads from the campground to Bright Angel Point, Point Imperial, and Cape Royal.
- Cycling from Bright Angel Point to Point Imperial to Cape Royal and back would be about 56 miles. **We could also just cycle to Point Imperial and see if we feel like continuing to Cape Royal. Just going to Point Imperial and back would be around 24 miles.**





Photography by Tamara

### Point Sublime

<http://www.zionnational-park.com/images/albums/pages/grand-sublime-g.jpg.htm>

Boundary Ridge and Saddle Mountain, north of **Point Imperial**; beyond are the distant Vermilion and Echo Cliffs. At 8,803 feet, **Point Imperial** is the highest of the North Rim overlooks, and the northernmost, presenting a rather different panorama than that from the other two popular viewing locations further south ([Cape Royal](#) and [Bright Angel Point](#)). - [http://www.americansouthwest.net/arizona/grand\\_canyon/point-imperial.html](http://www.americansouthwest.net/arizona/grand_canyon/point-imperial.html)



### Bright Angel Point

[http://en.wikipedia.org/wiki/File:Bright\\_Angel\\_Point.jpg](http://en.wikipedia.org/wiki/File:Bright_Angel_Point.jpg)



### Grand Canyon Lodge View

<http://www.nps.gov/grca/planyourvisit/placestogo.htm>

**Day 10 – Friday, August 2 (80 miles, 2691 ft climbing, 6139 ft descending)**

Start: North Rim Campground, AZ (8312 ft) Avg Hi/Lo: 77/46  
End: Lees Ferry Lodge, AZ (3790 ft) Avg Hi/Lo: 104/73

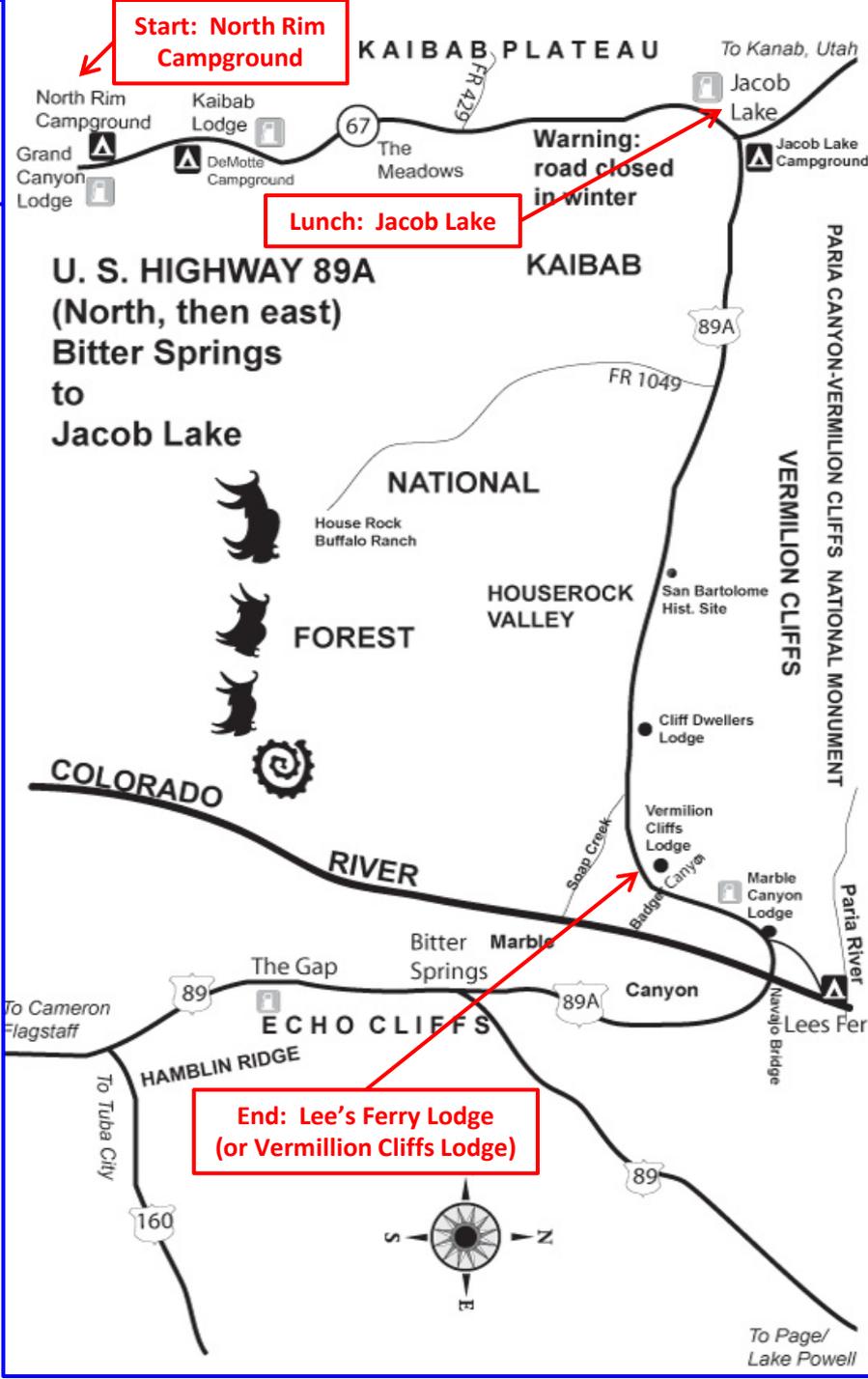
**Northern Rim to Jacob Lake** – As road options are few, we will retrace the 44 mile stretch from the northern rim back to Jacob’s Lake where we will stop for lunch. From there we turn eastward toward Lee’s Ferry.

**Jacob Lake to Lees Ferry** – We will continue on along the Vermillion Cliffs Wilderness area toward Lee’s Ferry. We will stop at the **Lees Ferry Lodge** (also called the **Vermillion Cliffs Lodge**).

Although this days has 80 miles of cycling, the elevation profile indicates a fairly easy ride with quite a bit of descent. We may stop by Cliff Dwellers Lodge (convenience store also here) about 6 miles before Lees Ferry Lodge.

I had originally planned to continue another 8.5 miles to the Lee’s Ferry Campground, but the campground is primitive and the closest options for dinner and breakfast would be cycling back to Lee’s Ferry Lodge.

Staying at the Lodge seems like a good choice given the likely high temperatures and the convenient restaurant. If anyone is up for bonus miles, we can drop off gear at the lodge and cycle 3.5 miles (one way) to the Navajo Bridge or 8.5 miles to the Lee’s Ferry Campground. If not, we can see them in the morning on our way to Page.



## Day 10 – Jacob Lake to Lees Ferry

[Cycling from Jacob Lake to Lee's Ferry](#) – “The stretch of Highway 89A from Jacob Lake Inn to Marble Canyon, Navajo Bridge, and Lee's Ferry lets you experience dramatic changes in climate and altitude and some of the most beautiful scenery in the Southwest. Over this 45 mile stretch of US 89A you drop from the cool winds blowing through the Ponderosa pines of the Kaibab Plateau at 7,925 feet (2415.5 meters) in elevation, to the red rock desert at the foot of the Vermilion Cliffs Wilderness, to the chilling waters of the Colorado River (perfect for feet tired of pedaling) in Glen Canyon at Lee's Ferry at approximately 3100 feet (944.8 meters). While at Lee's Ferry you may see a group of rafters setting off for their adventures down the Grand Canyon. This ride is a wonderful way to pass a morning or afternoon in the beauty of the outdoors. Bikers are advised to use proper safety equipment and precautions during a ride. Temperatures are often in excess of 100°F (38°C) in summer months and riders are cautioned to bring plenty of water and to use sunscreen.” -

[http://www.jacoblake.com/road\\_biking.html](http://www.jacoblake.com/road_biking.html)



### Highway 89A

#### House Rock Valley Overlook:

This pullout provides an excellent view of House Rock Valley and a portion of the Vermilion Cliffs far in the distance.

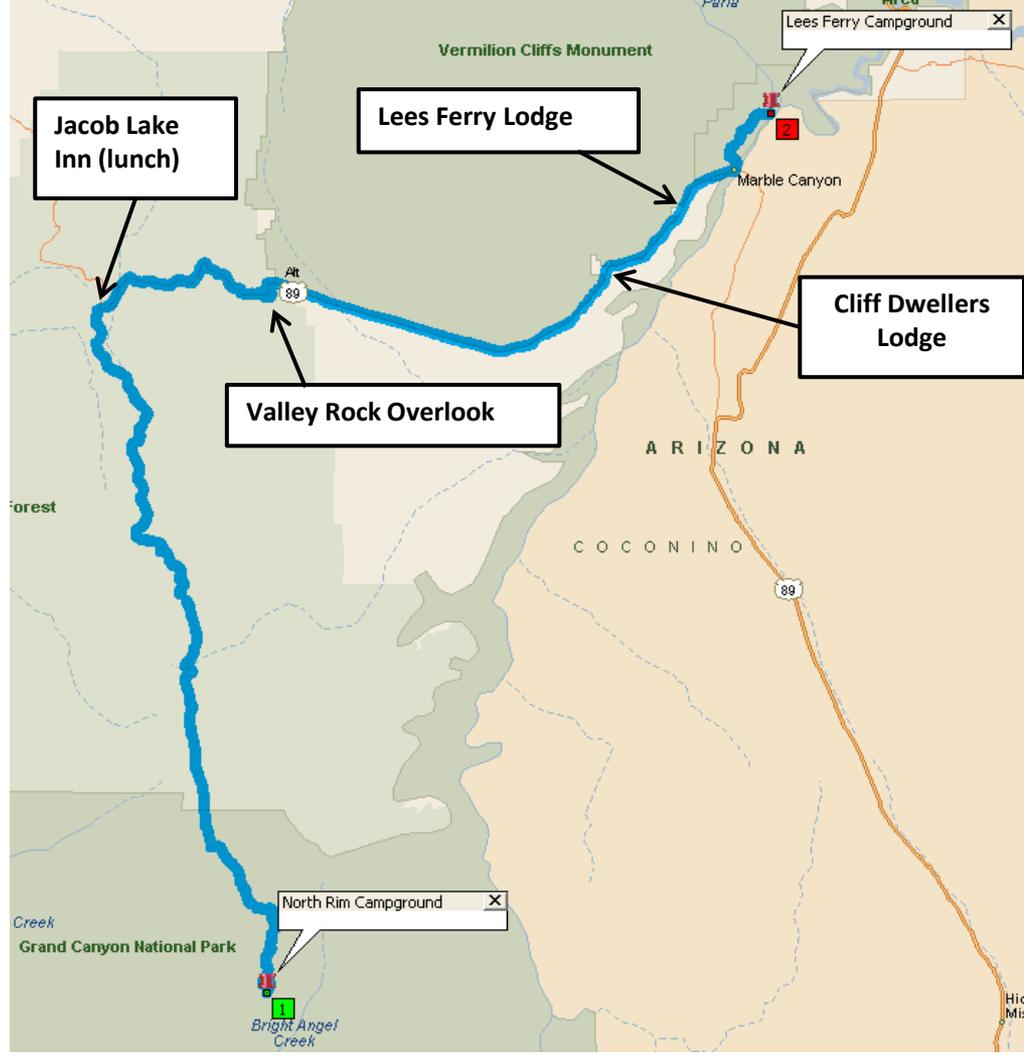
As you continue west, 18 miles from Marble Canyon, you will pass the **San Bartolome Historic Site**. Pull into the parking area and read the plaques that tell the tale of the Escalante and Dominguez expedition -- one of the earliest undertaken by white men in this harsh and forbidding wilderness - - which traversed the river near this point in 1776.

<http://www.flickr.com/photos/whizvish/8209534214/>

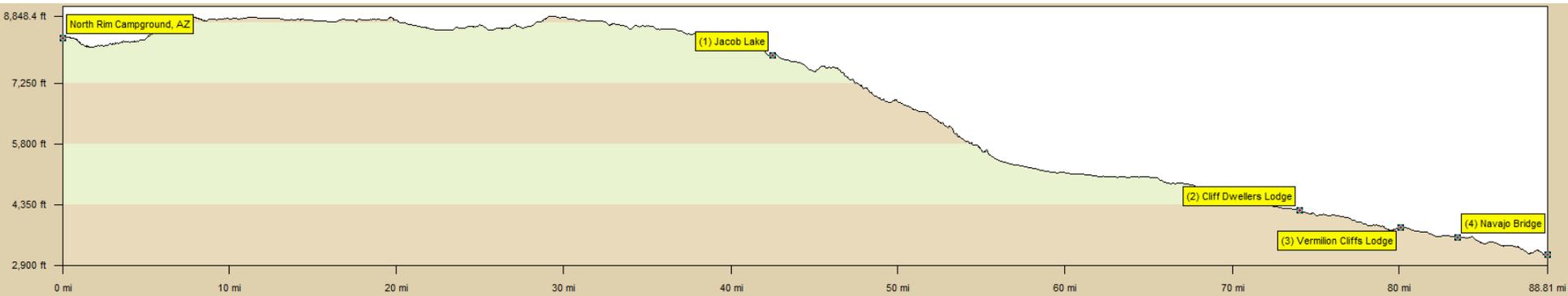
# Day 10 - Map and Elevation Profile

80 miles, 2691 ft climbing, 6139 ft descending  
(Only 80 miles if we stay at the lodge)

- Start: North Rim Campground, AZ (8312 ft) Avg Hi/Lo: 77/46
- End: Lee's Ferry Lodge or Campground, AZ or Marble Canyon, AZ (3100 ft) Avg Hi/Lo: 104/73



Key Elevations:  
North Rim Campground – 8339 ft  
Lee's Ferry Lodge – 3790 ft  
Navajo Bridge – 3545 ft  
Lee's Ferry (launch site on the Colorado River) – 3138 ft





**Lees Ferry Lodge** at Vermilion Cliffs is on the left at mile post 541.5. It is on Hwy 89A, 3.5 miles west of the Navajo Bridge, which spans the Colorado River. It is just 10 miles from Lees Ferry, the entry point for Grand Canyon river trips.

We are open for a light to hearty breakfast, lunch and dinner. Or, just have snacks on the Veranda while you enjoy the view. Our diverse and hearty menu has something for everyone—steak (grilled just the way you like it), lamb chops, ribs, chicken, burgers, as well as some delicious vegetarian selections.

Lees Ferry Lodge, Vermilion Cliffs Bar & Grille  
HC 67 - Box 1, Marble Canyon, AZ 86036, (928) 355-2231



### **Cliff Dwellers Lodge**

Cliff Dwellers Lodge and Lees Ferry Anglers are located on Highway 89A on the west side of the Colorado River approximately 9 miles west of Navajo Bridge. Cliff Dwellers Lodge is a 20-unit motel.

The Cliff Restaurant is open year-round. There's a gas station, convenience store and other services as well.

***We may stop here – 6 miles before reaching Lees Ferry Lodge.***

**Update:** Dean called Lee's Ferry Lodge and this sounds great:

"I called Lee's Ferry Lodge ([928-355-2231](tel:928-355-2231)). They are right on 89A, about 6 miles from the campground. They have rooms with 4 beds (\$115) and 5 beds (\$125) No laundry, but they will throw our stuff in their laundry for us. She said we can leave our bikes out back, away from traffic. They leave their keys in the car and consider it pretty safe. Very nice, helpful lady. I think we should make reservations as soon as possible to assure that we have places to stay."

## Day 10 – Lee's Ferry Campground

*We will stay at Lees Ferry Lodge, but may stop by the campground on Day 11*

### Lee's Ferry Campground

The Lee's Ferry Campground is managed by the National Park Service, Glen Canyon National Recreation Area.

Open year round

54 camping sites

\$12 per night fee

Elevation above sea level: 3,100 feet (945 meters)

Water & restrooms

No hookups. No reservations.

Gas and supply store at Marble Canyon, about 5 miles away.

<http://www.blm.gov/az/st/en/arolrsmain/paria/campgrounds.html>



### Lonely Dell Ranch Historic Site

This historic ranch, near the mouth of the Paria River, was home to the families who operated Lees Ferry. <http://www.nps.gov/glca/planyourvisit/lees-ferry.htm>



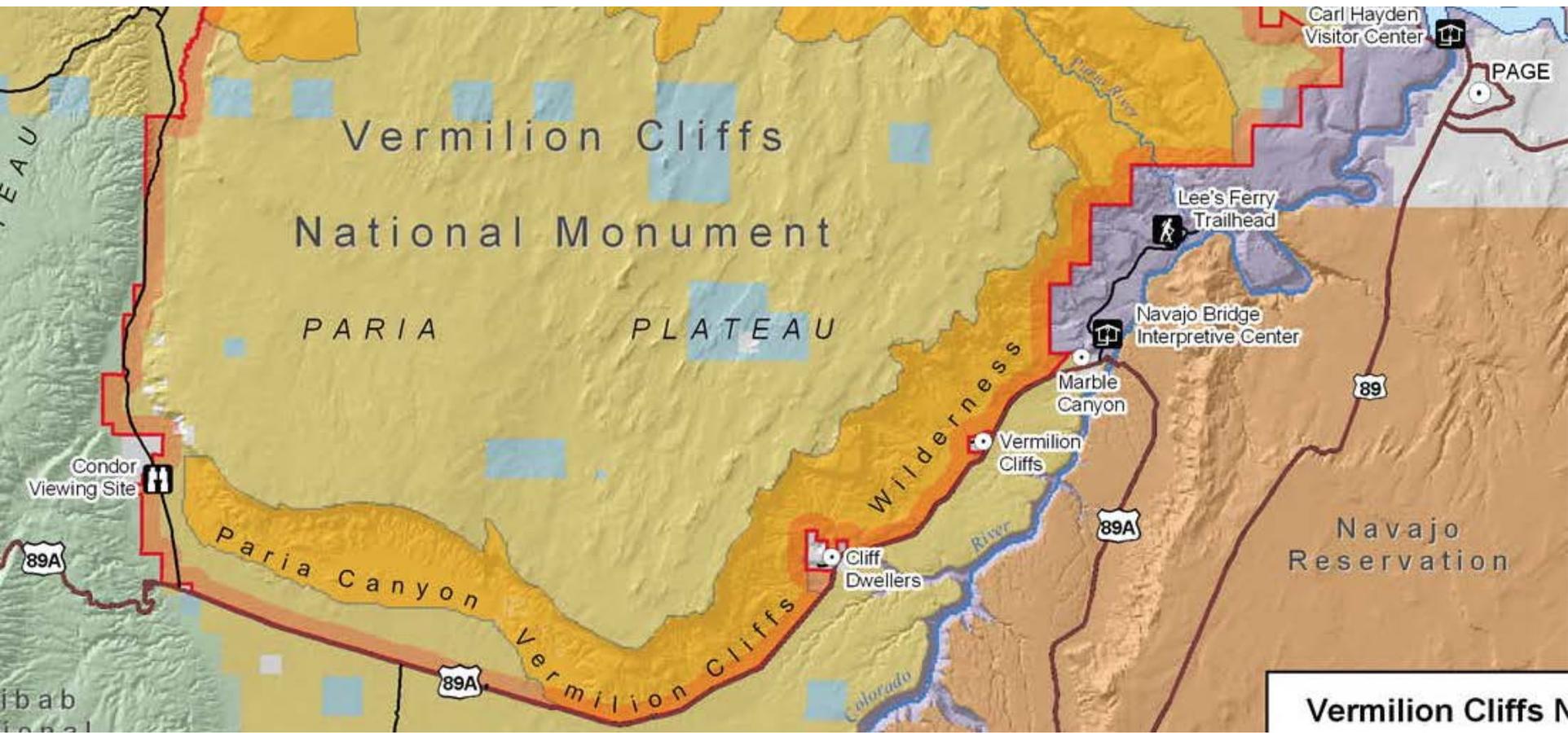
### Lee's Ferry

<http://www.nps.gov/glca/planyourvisit/lees-ferry.htm>



### Lee's Ferry Campground

# Day 10-11: Vermilion Cliffs National Monument



## Vermilion Cliffs

The spectacular geology of the Vermilion Cliffs National Monument encompasses sandstone formations, high cliffs, and rugged canyons. The Paria Canyon-Vermilion Cliffs Wilderness is located mostly within the National Monument and was designated in 1984. Paria Canyon offers an outstanding four to five day wilderness backpacking experience. The National Monument is home to desert bighorn sheep, pronghorns, and at least twenty species of raptors including California Condors, which have been reintroduced into the region. <http://www.blm.gov/pgdata/etc/medialib/blm/az/images/vermilion.Par.56471.File.dat/VermilionCliffsMap.pdf>

## Day 11 – Saturday, August 3 (42 miles, 3027 ft climbing)

Start: Lee's Ferry Lodge, AZ (3100 ft) Avg Hi/Lo: 104/73

End: Page, AZ (4344 ft) Avg Hi/Lo: 97/70

**+ 10 bonus miles to see Lees Ferry  
and the Colorado River**

***Our last day!*** We will cycle 3.5 miles to the Navajo Bridge and Visitor Center. The older bridge is now a pedestrian walkway which gives a great view of the Colorado River below. A recommended option will be to also cycle from the bridge down to the Lees Ferry Campground (5 miles with about 450 ft drop in elevation). This will give a rare opportunity to see the Colorado River (or even take a very cold dip). This is a common starting point for Grand Canyon rafting trips, so we may see some groups setting out on their adventures. After returning to the Navajo Bridge, we will continue past the Vermillion Cliffs and through Antelope Pass on our way back to Page. About 4 miles from the end of the trip, we might stop for one last look at the famous Horseshoe Bend in the Colorado River (1/2 mile hike from 89).



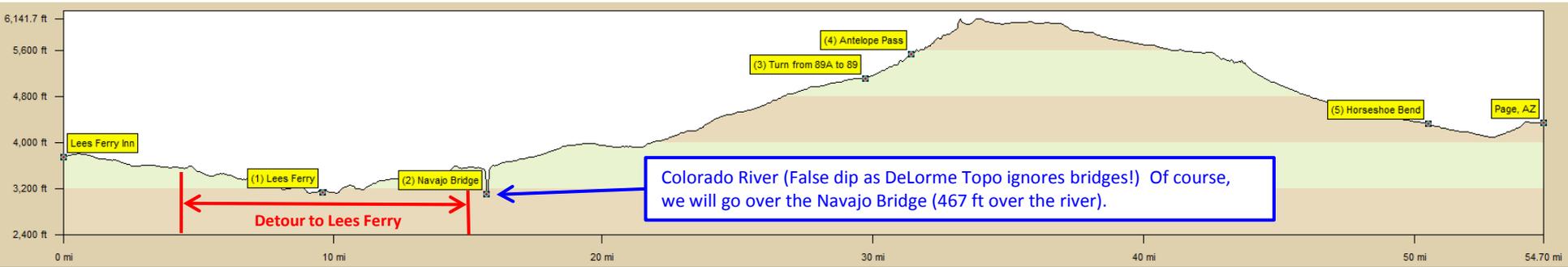
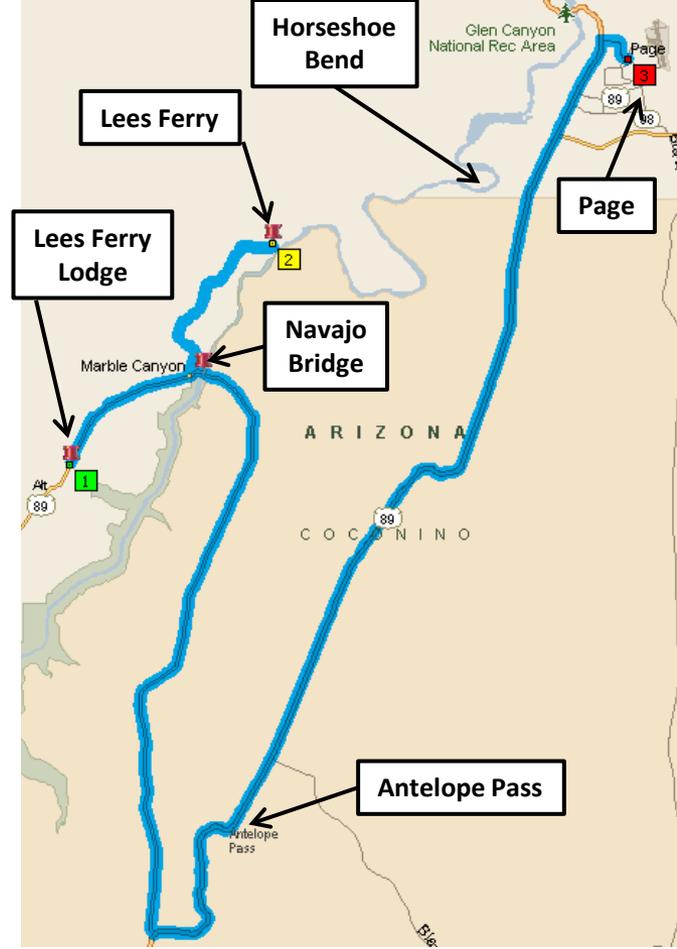
**Navajo Bridge** – 467 ft over the Colorado River at Marble Canyon. A new bridge was added in 1995 but the old bridge remains for pedestrian use. One of only 7 crossings over the Colorado River in 750 miles. <http://www.nps.gov/glca/historyculture/navajobridge.htm>

# Day 11 - Map and Elevation Profile

42/52 miles, 3027 ft climbing

- Start: Lees Ferry Lodge, AZ or Marble Canyon, AZ (3100 ft) Avg Hi/Lo: 104/73
- End: Page, AZ (4344 ft) Avg Hi/Lo: 97/70

**Marble Canyon** is the section of the Colorado River canyon in northern Arizona from Lee's Ferry to the confluence with the Little Colorado River, which *marks the beginning of the Grand Canyon*. Lee's Ferry is a common launching point for river runners starting their journey through the Grand Canyon. Marble Canyon is also well known for the Navajo Bridge, where US Highway 89A crosses the Colorado River. Marble Canyon marks the western boundary of the Navajo Nation.



**Day 11 – Navajo Bridge/Interpretive Center at Marble Canyon**

**Navajo Bridge Interpretive Center**, near Lees Ferry, daily mid-April - October, 9 a.m. to 5 p.m.; weekends only, early April and November, 10 a.m. to 4 p.m. Attractions: Bookstore, outdoor exhibits, and self guided walks across the historic Navajo Bridge. This is a popular spot to look for a California Condor.



A panoramic view of Marble Canyon from [Navajo Bridge](http://en.wikipedia.org/wiki/Navajo_Bridge). [http://en.wikipedia.org/wiki/Marble\\_Canyon](http://en.wikipedia.org/wiki/Marble_Canyon)

## Day 11 – Lee's Ferry

“Lees Ferry is the only place within Glen Canyon where visitors can drive to the Colorado River in over 700 miles of Canyon Country, right up to the first "rapid" in the Grand Canyon. Lees Ferry continues to be a center of modern activity. Here at the very start of the Grand Canyon, adventurous river runners launch their boats for trips down the canyon.”



**The beach along the Colorado River at Lee's Ferry/ Inflatable rafts lined up for launch at Lee's Ferry**

- [http://en.wikipedia.org/wiki/Lee%27s\\_Ferry](http://en.wikipedia.org/wiki/Lee%27s_Ferry)

From the Navajo Bridge we can cycle 5 miles down Lees Ferry Road to the launch site (and the Lees Ferry Campground). This will be a rare chance to see the Colorado River and perhaps see some rafters launch. You might even want to take a dip, but it will be **cold**. The Glen Canyon Dam, only 14 miles upstream, keeps the water at a constant 47 degrees. It may only warm up a couple of degrees by the time the water reaches Lees Ferry.



**Antelope Pass Scenic Overlook:** A sweeping view of the Marble Platform, Vermilion Cliffs and Kaibab Plateau await you at this highway pullout on the Navajo Reservation south of Page, Arizona.



**Where are the Vermilion Cliffs?**

Vermilion Cliffs can be found along US Highway 89 and 89A near Navajo Bridge. They extend west from close to Page, Arizona into Utah.

**Antelope Pass, US89**

## Day 11 – Navajo Scenic Overlook & Horseshoe Bend

## Horseshoe Bend, US89

[http://en.wikipedia.org/wiki/File:Horseshoe\\_Bend\\_HDR.jpg](http://en.wikipedia.org/wiki/File:Horseshoe_Bend_HDR.jpg)

**Navajo Scenic Overlook:** A short drive north along Highway 89 from Antelope Pass brings you to one of the more spectacular vistas in the southwest. From this pullout on the Navajo Reservation, you can try to take in the immense panorama of the Vermilion Cliffs, lower Paria Canyon, Echo Peaks, Lake Powell, Navajo Mountain, and much of the Kaiparowits Plateau within the new Grand Staircase-Escalante Canyons National Monument. Don't pass up this gem!



*End of the trip! Back to Page, AZ*



# More trip details

Trip Day	Day of Week	Date	Starting Location	Ending Location	Miles	# feet climbing	Showers	Laundry	Breakfast	Lunch	Dinner	Bike Shops
1	Wed	24-Jul	Super 8, Page, AZ	Super 8, Page, AZ	30	1667	Yes	Yes	Page	Page	Page	Salty Dog Bikes (2 miles from hotel)
2	Thu	25-Jul	Super 8, Page, AZ	Kanab, UT Best Western	76	3196	Yes	Yes	Page	Pack/Buy in Page	Kanab	
3	Fri	26-Jul	Kanab, UT Best Western	Bryce Canyon Sunset Campgr	78	5235	Yes	Yes	Kanab	Hatch	Bryce	
4	Sat	27-Jul	Bryce Canyon Sunset Campgr	Bryce Canyon Sunset Campgr	45	2963	Yes	Yes	Bryce	Bryce	Bryce	
5	Sun	28-Jul	Bryce Canyon Sunset Campgr	Cedar Breaks Campground	60	4543	Yes	Yes	Bryce	Panguitch Lake	Pack/Buy in Panguitch Lake	
6	Mon	29-Jul	Cedar Breaks Campground	Zion National Park Campgr	73	4133	Yes*	Yes*	Pack/Buy in Panguitch Lake	Mt. Carmel Junction	Zion	Zion Cycles (1 mi from park entrance)
7	Tue	30-Jul	Zion National Park Campgr	Jacob Lake Camp/Lodge	81	7291	No/Yes	No	Zion	Kanab	Jacob Lake	
8	Wed	31-Jul	Jacob Lake Camp/Lodge	North Rim Campground	44	2178	Yes	Yes	Jacob Lake	Kaibab Lodge	Lodge	
9	Thu	1-Aug	North Rim Campground	North Rim Campground	56	3407	Yes	Yes	Lodge	Lodge	Lodge	
10	Fri	2-Aug	North Rim Campground	Lees Ferry Lodge	80	2691	Yes	Yes	Lodge	Jacob Lake	Lees Ferry Lodge	
11	Sat	3-Aug	Lees Ferry Camp/Lodge	Super 8, Page, AZ	53	3027	Yes	Yes	Lees Ferry Lodge	Pack/Buy at Lees Ferry Lodge	Page	
					676	40332						

\* - Available just outside the park

## Annual Pass versus individual park fees

- Cedar Breaks entry fee (weekly per person): \$4.00
- Zion National Park entry fee (weekly bicycle pass): \$12.00
- Bryce Canyon National Park entry fee: \$12.00
- Grand Canyon Northern Rim entry fee: \$12.00
- 

The Interagency America the Beautiful pass is the new pass replacing the old National Park pass. Instead of getting only into National Parks across the United States, this new pass is valid at National Park Service, Bureau of Land Management, Corps of Engineers, Fish and Wildlife Service, and Forest Service sites with admission fees. The Interagency pass admits the pass owner and any accompanying passengers in a private vehicle\* if a park has a per vehicle entrance fee. Where a per person entrance fee is charged, the Interagency Pass admits the pass owner, and three adults.



The cost of the Interagency Pass is \$80.00 and is good for an entire year until the last day of the month of purchase.

The Interagency pass is obtainable at a federal area (National Park, Wildlife Refuge, Forest, etc.) where an entrance fee is charged. For more information, visit the national website concerning the pass at <http://store.usgs.gov/pass>.

# Shipping Bikes

I am still researching this, but here are some sites I have tried so far. I have access to a hard shell bike container which weighs 31 lb empty. My bike weights about 28.5 lb.

**ShipBikes.com - \$87.25 – one way (4 days)**

**FedEx Ground - \$106.55 – one way (4 days)**

**shipBikes.com**  
Hassle-free bicycle shipping from \$40.99

310 Lake Street  
Oak Park, IL 60302  
1-877-323-4000  
Division of Lidston's

Home | How it Works | What's an AirCaddy? | What's an eBike Shipper? | Buy A Box | Calculate Ground Shipping Costs | Ship A Box | Drop-off Locations | Track | International Shipping | Airline Shipping | YouTube | Our History | Contact

**How much does it cost to ship using the ShipBikes.com service?**

**What is the estimated transit time?**

Important Note:  
These rates are effective January 14, 2013  
All prices are subject to change without notice.

**Your calculated shipping and processing cost is \$87.25 which is only available through the ShipBikes.com system.**

**Estimated transit time is: (4) business days**

Please note that this does not include the price of the K-9100 Compact AirCaddy container, hard shell case or cardboard box.

Pick-up Zip Code: 23464 [Buy a Box >](#)  
Destination Zip Code: 86040 [Ship a Box >](#)

Shipping Container:  
 eBikeShipper  
 AirCaddy  
 Hard Case  
 Weight (lbs): 60 Length (inches): 47 Width (inches): 31 Height (inches): 11  
 Cardboard Box  
 Folded AirCaddy Box (39" x 31" x 3")

Service Type:  
 SHIPBIKES.COM DROP-OFF SERVICE  
 Purchase a prepaid shipbikes.com label online and take your bicycle container to any FedEx World Service Center® or FedEx Office. By shipping via FedEx Ground®, your bicycle is delivered in 1-5 business days to any home or business address in the contiguous U.S. To find FedEx drop-off locations, many of which are open 24 hours, call 1-800-GoFedEx (1-800-463-3339).  
 SHIPBIKES.COM DOOR TO DOOR SERVICE  
 To schedule a pick-up, you must first purchase a prepaid shipbikes.com label online and then call 1-800-GoFedEx (1-800-463-3339). Please call 24 hours in advance of the pickup date. Ship your bicycle container from any home or business address to any other home or business address in the contiguous U.S. via FedEx Ground®

What is the destination?  
 Business Address  
 Residential or Home

Declared Value: \$2,000

[CALCULATE](#)

FedEx | Ship | Track | Manage | Learn | FedEx Office®

**Get Rates & Transit Times** [Help](#)

Use this simple tool to obtain a rate quote and determine the expected delivery date and time for your shipment.

\* Denotes required field [Clear all fields](#)

**1. Ship From / To** [Help](#) [Edit](#)  
From: Virginia beach, 23464, United States | To: Page, 86040, United States on January 14, 2013.

**2. Package and Shipment Details** [Help](#) [Edit](#)  
Package Details: 1 package, 60.00 lbs, Your Packaging, 47 in x 30 in x 11 in, 2000.00 USD.

**3. Special Services Options** [Help](#) [Edit](#)  
Special services: Hold at FedEx Location, Direct signature required

**4. Rates and Transit Times** [Help](#)  
Amounts are shown in USD

Select	Delivery Date/Time	Service	Rates
	Same day in shortest time possible. Call 1-800-Go-FedEx for availability and rate.	FedEx Same Day <sup>®</sup>	
<input type="radio"/>	Tue Jan 15, 2013 10:00 AM	FedEx Priority Overnight <sup>®</sup>	626.73
<input type="radio"/>	Wed Jan 16, 2013 12:00 PM	FedEx 2Day <sup>®</sup>	481.15
<input type="radio"/>	Thu Jan 17, 2013 12:00 PM	FedEx Express Saver <sup>®</sup>	338.15
<input checked="" type="radio"/>	End of day(4 Business Days)	FedEx Ground <sup>®</sup>	106.55

**More information about your results:**

- Dimensional Weight of your package(s) was used to calculate your rate.

FedEx measurement tools  
[Currency Converter](#)

[Rate another package](#) [View/Print rate details](#) [Ship](#)

# Shipping Bikes

**UPS - \$125.34 – one way (5 days)**

**Bike Flights - \$152 – round trip (6 days)**

Package **Freight**

Please provide information about your shipment including destination, origin, shipment date, and weight. Required fields are indicated with \*

**1 Where and When?** [Edit](#)

**Ship To:**  
PAGE, 86040 UNITED STATES  
Commercial

**Ship From:**  
VIRGINIA BEACH, 23464 UNITED STATES  
Commercial

**Shipment Date:**  
Monday, January 28, 2013

**2 Enter Detail to Show Cost** [Edit](#)

**Packaging:**  
My Packaging  
47 x 30 x 11 in.

**Package Weight:**  
60 lbs.

**Total Shipment Weight:**  
60 lbs.

**Number of Packages:**  
1

**Declared Value:**  
2000 USD

**Notices:**

[Dimensional Weight](#) applies

**Drop-off / Pickup?**  
I will pay shipping charges and ship my package at a retail location such as The UPS Store® or UPS Customer Center. Rates may vary at retail locations.

**Additional Resources / Tools**  
[Zones and Rates](#)  
[Service Guides](#)  
[U.S. Ground Maps](#)  
[European Transit Time Maps](#)

Showing Retail Rates Results For:  
VIRGINIA BEACH, 23464, UNITED STATES to PAGE, 86040, UNITED STATES  
[Find Locations](#)

Service	Time	Cost (All Packages)
<b>UPS Next Day Air®</b>	<b>Days In Transit: 1</b> Latest Pickup Time: 6:00 P.M. Monday January 28, 2013 Delivered By: By End of Day Tuesday January 29, 2013 Guaranteed	639.91 USD * Billable Weight: 94.0 lbs. <a href="#">View Details</a>
<b>UPS 2nd Day Air®</b>	<b>Days In Transit: 2</b> Latest Pickup Time: 6:00 P.M. Monday January 28, 2013 Delivered By: By End of Day Wednesday January 30, 2013 Guaranteed	493.00 USD * Billable Weight: 94.0 lbs. <a href="#">View Details</a>
<b>UPS 3 Day Select®</b>	<b>Days In Transit: 3</b> Latest Pickup Time: 6:00 P.M. Monday January 28, 2013 Delivered By: By End of Day Thursday January 31, 2013 Guaranteed	348.70 USD * Billable Weight: 94.0 lbs. <a href="#">View Details</a>
<b>UPS Ground</b>	<b>Days In Transit: 5</b> Latest Pickup Time: 6:00 P.M. Monday January 28, 2013 Delivered By: By End of Day Monday February 4, 2013 Guaranteed	125.34 USD * Billable Weight: 94.0 lbs. <a href="#">View Details</a>

Result estimates calculated by UPS: Monday, January 14, 2013 9:17 P.M. Eastern Time (USA)



BICYCLE SHIPPING - BIKE SHIPPING - SHIPPING A BIKE - SHIP A BIKE

Ship | Fly | Ride | Protect | Give | Support

## Select Your Speed

From Virginia Beach VA 23464 To Page AZ 86040				
Select	Speed	Ship Date	Delivery Date	BikeFlights
<input checked="" type="radio"/>	FEDEX GROUND	1/15/2013	01/21/2013	\$77
<input type="radio"/>	FEDEX EXPRESS SAVER	1/16/2013	01/21/2013	\$195
<input type="radio"/>	FEDEX 2 DAY	1/17/2013	01/21/2013	\$257
From Page AZ 86040 To Virginia Beach VA 23464				
Select	Speed	Ship Date	Delivery Date	BikeFlights
<input checked="" type="radio"/>	FEDEX GROUND	2/4/2013	2/8/2013	\$75
<input type="radio"/>	FEDEX EXPRESS SAVER	2/4/2013	2/7/2013	\$192
<input type="radio"/>	FEDEX 2 DAY	2/4/2013	2/6/2013	\$254
<input type="radio"/>	STANDARD OVERNIGHT	2/4/2013	2/5/2013	\$379
				From <b>\$152</b>

**CREATE SHIPMENT**